

Mrs. Ella Snell,
R.R. #2,
Minden, Ontario.

urton County's Community Newspaper

THE
MINDEN

Progress

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No. 662

MINDEN, ONTARIO

WEDNESDAY, OCTOBER 22, 1975

LOCAL LIBERALS TO FIGHT RIDING CHANGES

David Walling, President, Victoria-Haliburton Liberal Association, announced today that at a recently held Executive Meeting, the Victoria-Haliburton Liberal Association unanimously supported a recommendation of their Electoral Boundaries Committee that the Association should make a presentation to the Federal Electoral Boundaries Commission on October 21, 1975 in Belleville.

Mr. Walling went on to say that the Victoria-Haliburton Liberal Association made a prior presentation in 1973 wherein they recommended to the Commission that the Federal Riding Boundaries for the riding of Victoria-Haliburton should include all of the counties of Haliburton, Victoria, and that area south of Victoria County to Lake Ontario. This presentation was supported with the idea that the natural relationship of all the people in the Victoria-Haliburton Liberal proposal was tied to the north-south by Highway 35 running through the entire area. Additionally, Mr. Walling reported that it was the intention of the Liberal Party in this area to fight strongly at this new meeting of the Federal Electoral Boundaries Commission to retain the historical and geographical connections now presently enjoyed throughout the riding. He also pointed out that it was the intention of the Victoria-Haliburton Liberal Party to alter their first proposal slightly, tie the boundaries directly to the recently adjusted provincial boundaries of Victoria, Haliburton and Manvers Township and suggest the addition of Cavan Township and if it were necessary, because of population requirements, his party would recommend moving westerly from Manilla around Highway 7 to take in enough area to give the riding of Victoria-Haliburton the necessary population as required by the Commission.

Mr. Walling spoke strongly as regards to the natural flow of business and historical ties that centre around the townships serviced by Highway 35 and Highway 7 west. Mr. Walling went on to say that as a past Federal candidate himself, he spoke personally when he observed that the riding, as it is now constituted, with townships in Peterborough and Hastings County and the north west area of Rama seemed not to have any natural ties to the centre core of Victoria-Haliburton. The north west corner has ties with Orillia

Operation Alert 75

On the weekend of Sept. 27 and 28 four Minden Boy Scouts and their Scouter were away for two days of scouting games and competitions. The scouts were Joe Dollo, Stephen Roman, Leslie Booth David Pratt and their Scouter, Fred Pratt. Location of the fun was the Cavan Hills area, with over 300 scouts and leaders of the Quinte Region of the Boy Scouts participating.

There were over 21 projects designed to test physical skills, mental alertness and ability to think and react quickly.

Projects included: lighting a fire over two feet of water, crossing a rope bridge,

lighting a fire with wet wood, code work and boiling water in a paper bag.

The Minden boys had a very good rating of 112.8 points out of a possible high of 195. A good showing for Minden. The highest points were awarded to a troop from Napanee with 143 points. Lowest troop came in with 61.

All projects were patterned after the Viking theme used in the Scout World Jamboree in Norway this year. This project was called 'Operation Alert 75'.

All boys thoroughly enjoyed themselves and are looking forward to other scout adventures.

Wouldn't, didn't ...fined \$300

A 68-year-old Toronto man who not only refused to put out an illegal brush fire last Spring but wouldn't come to court either was fined \$300 and costs in absentia at Minden Provincial Court a week ago.

According to Ministry of Natural Resources officials Lambit Kova of Playtre Crescent, Toronto, refused to put out a brush and rubbish fire on his property near Head Lake north-west of Norland last May and for which he had no fire permit.

He told Ministry representatives that he was doing some cleanup work and didn't have time to get a fire permit as required under the Forest Fire Prevention Act. He was charged when, hours later, he was still burning grass and brush and still without a permit. Despite repeated remands, Mr. Kova wouldn't come to court either, his case finally being dealt with a week ago last Tuesday in his absence.

Police warn of underage smoking

In a cooperative attempt to curb underage smoking the Minden OPP and area school authorities this week issued a reminder to the general public of some of the provisions of the Tobacco Restriction Act, a federal statute.

The purpose of the act is to prohibit the use of tobacco in any form by persons under

and the north east and south east area flows towards Peterborough. By confining the Federal riding to Victoria-Haliburton, Manvers, Cavan and then westerly, he felt all people in the riding could be better represented as the geography of the riding then became easier to service.

the age of 16 years.

It is an offence, say police to directly or indirectly sell, give or furnish cigarettes, cigarette papers or tobacco in any form to a person under 16 years if the vendor or donor has reason to believe the tobacco is for the use of that person.

It is also an offence for anyone under 16 years who purchases or has in his possession any cigarettes, cigarette papers whether for his use or not, or has in his possession for his use any tobacco in any form other than cigarettes.

It is the duty of the Justice to determine, from anyone brought before him, where the Juvenile obtained the cigarettes, papers or tobacco



Watch it!

Motorists are urged to use special precautions on Halloween night in order to avoid the army of elves, clowns, witches and ghosts

which haunt the night. Six-year-old Laurie Leonard, alias Raggedy Anne, sports a half-gallon disposable milk carton coated with fluores-

cent paint, and reflective tape on her socks so she will be seen when crossing streets.

Area radio club formed

The Haliburton area's latest community service organization, the Haliburton Area Radio Club (HARC) got off to a great start two weeks ago when some 20 radio buffs turned out for the newly-formed group's first meeting.

Held at the Haliburton Marine showroom, the meeting elected the following officers: President, Keith Prior; Vice-President, Jim Ridgewell; Secretary-Trea-

and refusal to give such information shall be deemed to be contempt of the court.

surer, Len Ellison; Officer-at-large, Bill Findlay.

Conceived basically as a search and rescue organization HARC will provide area radio communications in emergency situations.

Initially HARC has offered to assist the Ontario Provincial Police on Halloween night.

Meetings will be held every second Wednesday evening; the next one October 29 at the Haliburton Highlands Secondary School.

All interested are invited to attend.

Six hurt in area crashes

Six persons were injured, one seriously, in six area collisions during the past week.

Damages totalled almost \$7,000.

Most seriously hurt was Jennie Chillman, 68, of Campbellford, who was taken to Ross Memorial Hospital in Lindsay with a badly fractured hip after she lost control of her car on Highway 121 near the Allsaw Bridge

See SIX Page 15

Natural Resources

A super's life is oft a happy one

By Ross Beagan

The responsibilities of a provincial park superintendent in Ontario are wide and varied. Most superintendents are employed on a year-round basis by the Ministry of Natural Resources in 120 parks spread throughout forty-nine districts. In the Ministry's Algonquin Region, which is comprised of the districts of Parry Sound, Bracebridge, Minden, Bancroft, Pembroke and Algonquin Park, thirteen superintendents manage an equal number of parks.

On any given day in July or August, most parks contain a sufficient number of visitors to populate either a good size town, or a small city. Like the captain of a ship, or the pilot of a plane, his position demands sufficient authority to carry out his unique and heavy responsibilities.

In the course of his duties, a park superintendent temporarily acts as the Mayor, Chief of Police, Fire Chief, Host, Official Greeter, Gamekeeper, Banker, Purchasing Agent, and Personnel Administrator. He is the superintendent of waterworks, electrical power, roads, campsites, beaches, construction, maintenance, and sanitation. He variously serves as a carpenter, electrician, plumber, mechanic, and the inventor of ingenious devices. At anytime of the day or night, a park superintendent is the dispenser of band-aids, comfort, security, discipline, compassionate messages and ambulances. He must act as a mediator of disputes, a purveyor of law and order, an able educator, a master of ceremonies, a gifted entertainer, an organizer of searches for lost children, and an ambassador of goodwill.

The greatest concern of a park superintendent is probably over-use. On one hand, the superintendent is expected to attract a sufficient volume of visitors to cover either all, or a high percentage of his operating costs, exclusive of capital costs. On the other hand, if he operates the park at 100% capacity, or exceeds capacity by using overflow areas, his park will 'wear out' in no time.

This point is reached when the volume of vehicle and pedestrian traffic exposes tree roots sufficiently to kill the tree cover, and the lush growth on the forest floor is trampled to death. At this stage, the city dweller who seeks solitude, a change of pace, and a wilderness experience becomes frustrated. At this juncture, the costs of refurbishing the park will exceed the losses he would have suffered had he through cold-bloodedness,

turned away 30% of his visitors at the gate. No compassionate superintendent can bring himself to do this, particularly to a working man at eleven p.m. on a Friday night in a car filled with crying children.

In times of recession and inflation, it is difficult for parks to maintain the level of capital spending necessary to keep abreast of the demand for public camping. Private campsite developers are also prevented from expanding for similar reasons. To aggravate conditions further, the 1975 camping season witnessed an unusually hot summer, preceded by 5 years of overly wet and cool ones. Another false forecast which misled parks management was the expected drop in park visitation due to the high cost of gasoline, the energy crisis in both the USA and Canada, plus the lowered speed limits in the USA. While 1975 did see a significant drop in American visitors, there was, however, a sufficient increase in Canadian visitors to push the estimated 1975 park attendance figures 10 to 15% over that of 1974. This increase is thought to be due to the general swing in the populace from a summer of cottaging to low cost camping.

During the next eight months until the parks re-open in May, all park superintendents will be fully occupied with the task of closing worn-out campsites and re-opening new ones, plus repairs to roads, buildings, signs, picnic tables and beaches. And during the long cold winter, while we work in comfort, he will be trucking sand across the frozen lakes to improve his beaches. At this time, in periods of relative quietness, many thoughts cross his mind. Perhaps his thoughts dwell on problems such as nuisance bears, the control of black flies and mosquitos, the child who almost drowned, how to stretch his budget to keep up with the spiralling costs for firewood, and how to best control the distribution of firewood fairly and without waste. Other days he thinks of law enforcement, rowdiness, motorcyclists, and how to accommodate the ever-increasing number of campers bringing second cars.

Some days, however, he is as pleased as punch to receive a Christmas card from John Camper in Redwater, Alberta thanking him for a memorable vacation. And once in a long while he smiles when reading a letter of thanks from an eight-year old he saved from drowning.

If you are employed and going to have a baby, you're entitled to pregnancy leave.

This is what Ontario is doing to make certain you receive it.



reasons not connected with pregnancy, but pregnancy alone cannot be the cause of dismissal where an employee is eligible for leave.

An expectant mother is required to give two weeks' notice in writing of the day she intends to leave. She is entitled to begin her leave any time within 11 weeks before the baby's birth but she must take at least six weeks of her leave afterwards. If the employer wishes the employee to begin her leave before she wants to do so, the employer must prove that she is unable to perform her normal duties adequately.

The employee is eligible for Unemployment Insurance benefits during her pregnancy leave (even if she does not intend to resume work when her leave expires) if she had at least 20 weeks of ensured employment during the year before the birth. At least ten of the 20 weeks should have fallen between the 30th and the 50th weeks before the birth.

If you would like more information about pregnancy leave or other labour legislation of interest to working women, write to:

Ontario 20,
Queen's Park,
Toronto, Ontario.

and we will send you a brochure.

Ministry of Labour
Bette Stephenson, M.D., Minister

We have a law in Ontario which permits any pregnant woman, married or not, to take a 17-week unpaid leave of absence to have her baby. This law covers part-time as well as full-time employees, provided that they have been working for the same employer for at least 63 weeks before the expected date of birth.

When she returns to work, the new mother is guaranteed the right to her former position or to a comparable position with no loss of seniority or benefits.

Naturally, pregnancy does not prevent an employee from being dismissed for valid



Province of Ontario

William Davis, Premier

AUCTION

Sat, Nov. 1

Property of Kawartha
Sport and Hobby,
Coboconk will be held
at Kawartha Sale Barn
Lindsay

4 new snowmobiles, SnoJet and Scorpion; very large quantity of new snowmobile suits, boots, sweaters, etc. hunting boots, shotgun shells, 2 new bicycles, cross country ski boots, tents, sleeping bags, snowblowers, etc. No reserve, going out of business.

Sale time 12 noon

ORVAL McLEAN

Auctioneer

Lindsay 324-2791

Kinmount Sr. Citizen's

The reporter has been under the weather for the past month. Consequently, no reports, but the Club has been marching right along regardless. On Sept. 23 the meeting took the form of a Birthday Party for our oldest member, Mrs. Lorne Collins, who had reached 85 years that day. A lovely cake was donated by Irene McElwain, complete with candles and ice cream appeared from somewhere and a very happy afternoon was enjoyed by all. Mrs. Collins' brother, Leo Burns, of Detroit was in attendance. October 8 a business meeting was held and the newly elected officers for the coming year were duly sworn in

with Alberta Stone officiating. We are sorry to report our President Elect is under the weather in Hamilton. We look forward to her return in the not too distant future. Meanwhile, our 1st Vice President, Mrs. Pearl Lyle is carrying on most efficiently. It was unanimously agreed that we change our Drop In Centre to the Legion Hall if the details can be ironed out. We would like to get using our Carpet Bowling and other sports equipment for which we found at St. Patrick's Hall a little too small. But we do thank you Father Hart for your interest and co-operation. We do appreciate it. We spent

many happy hours there. We are sorry to report that two of our members, Vera and Ernie Smith, have already left us for the winter months, and Ina and Len Smith (no relation) are in preparation of doing likewise. These folk have been a genuine asset to our organization, and we will be anticipating their return in the Spring. Others who have been a wonderful addition to our Club will be leaving later for the Sunny South and it all leaves us with a feeling of regret.

**ONLY YOU CAN
GIVE THE GIFT
OF LIFE!**

New variation to old fraud

Phoney invoices charging businessmen for non-existent advertising are again being circulated in Ontario. The Ontario Provincial Police reminds all individuals and firms to ensure that all accounts payable have been verified before payment is made. Recently, hospitals, colleges and other institutions have been the prime target for the false billings. Typically an invoice is received requesting payment

for an advertisement in a newspaper. The invoice may be on the letterhead of an advertising agency and may be accompanied by a tear sheet from the paper. Often a disclaimer in very fine print may appear on the back of the invoice stating: 'This is a solicitation and does not constitute a right to payment.'

Recently a new variation was introduced in Ontario. Several hospitals placed legiti-

mate help wanted advertisements in a Toronto newspaper. Some time later they received an invoice accompanied by a purported tear sheet from a foreign newspaper. This advertisement had never been requested and likely never appeared. Anyone who receives a phoney invoice is advised to call their local police department or the anti-rackets branch of the Ontario Provincial Police.



In Wales, it was believed that a girl who walked backwards, on Halloween, to the leeks in the garden and placed a knife among them, would see a vision of her future husband pick up the knife and throw it into the garden.

WE'RE

EXPANDING!

YES!

Two Stores

For Your Convenience

First it was
Haliburton

NOW

MINDEN

(formerly Welch's Store, Main Street)

GRAND OPENING

Wednesday, October 29

FOR ALL YOUR VIEWING-LISTENING NEEDS ITS

ARROW T.V. & COMMUNICATIONS

457-1091

Member Haliburton Highlands Chamber of Commerce

Editorially

Dissatisfaction

There seems to be a hidebound little group in Haliburton Village who are always popping up to protest something. They do so in the name of the village, even though they are in no way truly representative of it.

Earlier this year it was police protection, and we all know what resulted: the crimes they complained about had never been reported to the police.

Now it's the Chamber of Commerce they're condemning for its promotion of tourism, saying it should concentrate on industrial and economic development instead.

What about the facts?

It shouldn't be necessary to remind anyone of this, but tourism is far and away our county's major industry. Virtually every business in the county is dependent upon tourism and usually directly so. As we all know, business booms in the tourist months and sags the rest of the year, right.

The first duty of a chamber of commerce is to promote and enhance the community it serves and in particular the businesses of its members.

Here in the Highlands that means the promotion of tourism and we'd none of us better forget it, especially your Chamber of Commerce.

But what of industrial and economic development?

Our Chamber of Commerce has led the way in this field as well. In fact the first formal suggestion that a county economic development body be formed came from the Chamber to County Council in June of 1971.

This year the Chamber has allocated some \$4,500 of its budget to the county's economic development.

Now, does that sound like a tourist bureau?

Dissatisfaction with the Chamber of Commerce?

We think not. Certainly, none was voiced at the Chamber's recent annual meeting, the perfect opportunity.

So far this year membership in the Chamber has increased by some 25 percent, much of it in the Village of Haliburton.

If that's dissatisfaction, then let's have more of it!

Reaction

Labor's reaction to the recently announced wage and price controls is rather reassuring for those of us who doubted initially that they would work.

Civil servants, teachers, you name them.

Their cries of protest and pleas for exemption are a pleasant indication the wages portion of the legislation will in all probability be effective.

Let's hope we can say the same for price controls.

Minden

PROGRESS

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County Seat of the County of Haliburton

Established 1963

W. H. FOOTE - EDITOR and PUBLISHER
MARNI FOOTE - BUSINESS MANAGER

Advertising Rates on Request

Second Class Mail

Registration No. 0936

SUBSCRIPTIONS \$5.00 PER YEAR



Mothball season once again

OTTAWA and Small Business



Strike victims strike back

By KENNETH McDONALD

A Quebec court has ordered the Canadian Union of Postal Workers to pay \$1,000 to Santana Inc. of Sherbrooke, Que., for damages arising out of the 16-day illegal postal strike in April, 1974. The company uses a mail order system and the strike cost it almost \$100,000 in lost sales.

class action suit against the federal government on behalf of its members to recover damages similar to Santana's. Although the action was dismissed, the public outcry that arose from it persuaded the government to announce a "get tough" policy with public servants who engage in illegal strikes.

However, not many small business people can afford to launch costly lawsuits against militant groups bent on destroying what was once, and can be again, one of the world's best postal systems. Nor should they have to. The mail is vital. Moreover, the mailman is a friend. All except a tiny minority of post office employees want to make the service work the way it's supposed to.

The Post Office has been dogged by poor management; high turnover, antiquated facilities, technological change, union rivalry and, in many instances, irresponsible union leadership. Worse, the key post of postmaster general has been used as a stepping stone for ambitious politicians, so that until recently it has been deprived, at the top, of concerned, consistent political leadership.

Now Postmaster General

Borrowing from the bank to finance day-to-day operations, using costly courier, telephone and telegraph services to replace the non-existent mail - small business people across Canada know the story too well.

After the strike, the Canadian Federation of Independent Business launched a \$100 million

Since April, 1974, actions have been taken by the government against more than 1,500 employees who have taken part in illegal strikes. Assuming the Santana ruling stands on appeal, and assuming the same principle can be applied in other provinces, the innocent victims of illegal strikes will in future have recourse to the law. The possibility of legal action and of liability for damages caused by illegal strikes should act as a powerful deterrent.

Dollars & Good Sense

by William J. Martin
Special Consultant to
AVCO FINANCIAL SERVICES

In recent columns, I've discussed the importance of all types of insurance to your family's financial security. One type that cannot be overlooked is life insurance.

Life insurance is important for everyone, but especially so for those with dependents. How much you need depends upon what you want it to do for you. Hopefully, it will be enough to make up for the loss of your contribution to the family income, at least until your family has adjusted to their new situation. And of course, the amount should be reviewed periodically.

There are two major classifications of life insurance, term and permanent.

Term insurance covers you for a specific period of time—a term. Each time you renew, the premium will increase, but this type of coverage is often best for young people. But before you sign, make sure that renewal is guaranteed in the policy.

Permanent insurance is available in two varieties, whole life and endowment. Whole life coverage costs less if you buy it when you are young, and the premiums will never go up. You also build up a cash value that you can borrow against or cash in on. Endowment Insurance, on the other hand, is more like an insured savings plan.

A qualified insurance agent can help you decide what coverage best suits your needs.

Bryce Mackasey is doing his best to remedy these past failures. His strongest ally is the public to which he owes his duty. He deserves our support.

LETTERS

October 6, 1975

Dear Sir:

Re: Unwanted Hunters:

We have a cottage in the Haliburton Highlands. On our small lake for the past few years we have had a pair of loons who had made their home. (These birds are protected as they mate for life and only choose one mate). How wonderful it was to hear their plaintive callings to each other across the lake. All of the cottagers on our lake have enjoyed their presence.

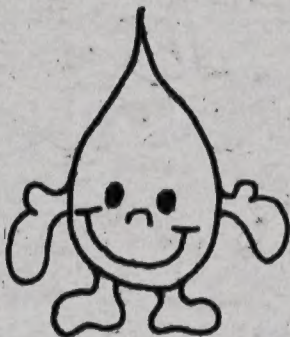
We will hear them no more. Two brave, newly arrived immigrants to our Country trespassed onto private property and shot our Loon as she was peacefully feeding. These so called 'men' were not wearing their hunting licences (if they had one) in a properly conspicuous place, so of course they could not be readily identified to the Lands and Forest Department. When confronted by angry cottagers, they gave the feeble excuse that they thought it was a duck. Unfortunately by the time the authorities were contacted they had fled the scene like a pair of scared rabbits.

I do not have a solution as to how to stop this type of crime - but I do know that if this sort of incident is allowed to happen, we won't have to worry about protecting our endangered species; there simply will be none left to protect.

Jacqueline and Bill Chillman
Little Gull Lake
Minden, Ontario.

488 Timmins Street,
North Bay, Ontario,
P1B 4K7,
October 13, 1975

Dear Mr. Foote:
I thought I would send you a few more Raindrops since it is raining today (in North Bay).



I CAN'T WAIT FOR
CHRISTMAS. I KNOW
IT'S A MONTH, OR
SO, AWAY, BUT WHY
WAIT UNTIL ITS
OVER?

If this letter gets printed,
I'd like to say hello to my
Grandparents and hope that
my grandmother's leg gets
better soon.
Thank you.
Yours truly,
Debbie Porter,
Grade 10.

BROHM & LEIGHTON

Real Estate Broker
Minden

286 - 1123

HALIBURTON 457-2161

MINDEN HOME

3 bedroom home, all broadloomed, finished rec room, just 2 miles from Minden. Nice level lot in subdivision, access to river. Must be seen to be appreciated. Call JACK DANIELS 286-1123 or 286-2208.

FARM

200 acres near Gooderham. 8-room insul brick home. Large barn with good stables, rolling land. Call PHYLLIS MACDUFF - 286-1123 or 457-1315.

STARTER HOME

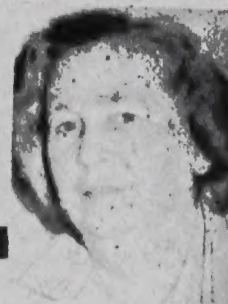
Just 6 miles from Minden, 3 bedrooms, partial basement, good sized lot. Needs a handyman. Listed at \$18,900.00. Make an offer. Call JACK DANIELS 286-1123 or 286-2208.

WINTERIZED COTTAGE

3 bedrooms with lake access, living room and 2 bedrooms carpeted. Asking \$20,200.00. Make an offer. Call PHYLLIS MACDUFF, 286-1123 or 457-1315.

Hall's Lake News

Doreen Stinson



Wet weather and cloudy skies over the weekend kept the travellers and cottagers from coming up in any great numbers, although Friday and Saturday did give us some much needed sunshine. At the recent Public Stanhope Airport Meeting the same Committee was re-appointed, with Mr. Tom Munn as President. Mr. Harry Davis is the Council Representative.

Mrs. Elizabeth (Lizzie) Johnson has gone to spend some time with her nephew and his family in Fort Erie.

Mrs. Marjorie Ferguson has returned to her Toronto apartment.

The Archie Neils of Kushog, near the Ox Narrows, had their friends from Toronto, the William Abbotts with them for the weekend. Saturday evening they entertained Len and Doreen Stinson and Bonnie Holiday.

Mr. and Mrs. Roy Clarke and Mr. and Mrs. Grant Montgomery spent a quiet weekend at their cottages.

Miss Anne Sutherland and Mr. Emmerson Mac Laughlin were up for a visit from Burlington this weekend. Anne is our god-daughter and a delightful young lady working for a large Insurance Company in Toronto and commutes to Burlington each evening, via the 'Go Train'.

Glad to hear that Mrs. Jean Hunt hopes to return home from Minden Hospital on Tuesday. She speaks very highly of the care and attention she has received at the Red Cross Hospital.

Club 35 continues to hold its Monday night Euchre Parties and had a good turn-out last week. Everyone is welcome. Mr. and Mrs. Luther Wilson, fairly new people in this area, attended last week's game.

Hope everyone who read or heard over the News media that a survey for Toilet Study has cost the public \$79,000 (and then it is only 40% completed) will write to their Member of Parliament about this unnecessary expense. Also, the carpets laid in the new Mirabel International Airport, north of Montreal costing \$458,418! They seem to have so many people working in Ottawa trying to think up ways of spending money that they come up with some pretty impossible ideas. Where will it all end?

The overflow of clothing from the Boutique at Highland Crest Boutique is being cleared out for the Sale at the United Church on the 25th of October. The funds, we understand, will go back into the Auxiliary and still be used for the bus or Christmas gifts or whatever is most needed for the Residents. Christmas is coming and we always shop for something each of the residents wants or needs.

Mr. Edwin Hewitt is back in the Minden Red Cross Hospital. We trust he is feeling better soon. If anyone having News Items for this column within the next two or three weeks will please contact Miss Marjorie Johnson at 489-2056, we would appreciate it. She has graciously consented to pinch-hit for me.

October is

C.N.I.B.

Campaign Month

for Haliburton County

**YOUR GIFT
WORKS
WONDERS**

WATCH FOR YOUR LOCAL CANVASSEER

**CIL's Best Paint
Sale**



\$11.99
gal.

Come in to one of our
best ever paint sales and
save on CIL top quality
Trutone white paint, the
best exterior paint we make.
In Acrylic Latex, Alkyd
Trim, Alkyd Gloss finishes.
Trutone—it's the tops.

**HILLSIDE PRO
HARDWARE**

MINDEN 286-1171



Tough Paint

\$1,000 nursing bursary

A \$1,000 bursary is being offered by the Nursing Advisory Committee of the Canadian Red Cross Society to graduate nurses registered in Ontario.

The award for the 1976-77 academic year, will enable an Ontario nurse to undertake further studies in Nursing at the Degree level. The successful candidate will be selected on the basis of training, nursing experience and leadership qualities. Consideration will be given to the applicant's anticipated contribution to Nursing in Ontario.

Interested nurses may obtain application forms and further information from the Canadian Red Cross Society Attention: Director, Family Health, 460 Jarvis Street, Toronto M4Y 2H5. Applications must be submitted before March 15, 1976. Mrs. Norma A. Wright, Reg. N., who was awarded the 1975 Bursary, is currently working towards her Master of Health Services at McMaster University in Hamilton, Ontario.

To whip nonfat dry milk, beat equal amounts of the powder and ice water into stiff peaks.

Paraplegic bus fund

The residents of Hyland Crest turned out in full force along with a disappointingly small crowd from the Community at large to hear the Haliburton Centennial Choir under Mr. Wm. Gliddon and Mr. Earl Cooper with his two sons of the Haliburton Pipe Band when they presented a very interesting and varied program on Thursday evening in the Hyland Crest auditorium.

Mrs. A. Rawlins, who has been a driving force behind the Paraplegic bus fund was M.C. for the evening at which time she ably introduced all the participants.

The guest of honour for the evening was the new Provincial member of Parliament for Victoria-Haliburton riding Mr. John Eakins, who with his lovely wife made their first public appearance in Haliburton County at this function. Mr. Eakins made a few remarks expressing his hope to become better acquainted with his constituents in this part of the riding.

The highlight of the program was the drawing of the winning ticket for the 50-50 draw for the bus fund.

The ticket was drawn by Mrs. Gladys Thorne, a Resident and President of the Resident's Council. Mr. Eakins read the winner's name - Mr. J.L. Hughes, of Haliburton with ticket no. 852. The prize amounted to \$641.00 from the sale of 1287 tickets.

The general response to this fund of the whole Community has been excellent and with the help of many organizations, clubs and churches the basic goal of \$15,000.00 has been reached. The fund, however is still open in order to help cover the cost of putting the bus into operation.

The bus has now been ordered and work is beginning on the building of the

custom built vehicle on a 28 foot chassis which will carry 25 passengers, including 6 wheel chair positions. Delivery

All donations \$5.00 and over will be acknowledged with an official receipt for income tax purposes.

It is with a great deal of appreciation that the Residents at Hyland Crest express their thanks to one and all for what is being done to aid in the purchase and operation of this vehicle which will add so much to the "quality of life" for themselves and their compatriots throughout the County. Every should be made early in the new year.

Some of the major donations which have boosted the fund are:

The Art Latham Charitable Foundation, Stouffville - \$5,000.00
Minden Rotary Club - \$3,600.00
Hyland Crest Residents (personal donations and teas) approx. \$1000.00
50 - 50 and picture draws - approx. \$800.00



**Please!
Only you
can prevent
forest fires**

Good hunting - safely

By
Fred R. Blucher,
Chief Inspector,
Director, Community Services Branch

Once again hunting season is here. The Community Services Branch of the Ontario Provincial Police remind you that there are several basic gun-handling rules.

Hunting accidents claim about 125 lives each year, usually because the most simple rules have been broken.

What can you do?

- * Never consume alcohol before, or during a hunt.
- * Know the identifying features of the game you intend to hunt.
- * Never shoot in the direction of buildings or livestock.

You cannot depend on the common sense of the hunter beside you—wear bright orange.

The handling of firearms requires great care.

- * Always handle a gun as if it were loaded.
- * Never climb a tree or fence with a loaded firearm.
- * Always carry your gun so that you can control the direction of the muzzle.

* Unattended firearms should always be unloaded. Few hunting deaths are accidents—they are usually caused by negligence—criminal negligence. So keep crime prevention in mind. The criminal code provides a stiff penalty for this offence. Don't be at either end of an 'accident', use these common sense measures and enjoy a safe hunting trip.

Eakins named Liberals' Tourism-Industry critic

Victoria-Haliburton's MPP elect John F. Eakins is going to be given an opportunity to devote his energies to a line of endeavour in which he expressed particular interest during the provincial election campaign.

Mr. Eakins informed members of Lindsay Council during a brief appearance before members Monday night that he has been assigned the role of Liberal party spokesman for tourism

and industry by party leader Robert Nixon.

The riding member of the legislature also served notice to council that he would be submitting his resignation as the town's representative on the Sir Sandford Fleming College Board of Governors.

Expressing a willingness to be of service to council in any way he could at the provincial government level, Mr. Eakins recalled that it was "from this chamber I

New library headquarters to open officially on Oct. 26

The new headquarters for the Haliburton County Public Library System will be officially opened and dedicated Sunday October 26th at 2 p.m.

Mr. Roy Brohm will cut the ribbon and address specially invited guests from Provincial, Regional and County Library Systems, and Governments. Mr. Brohm is Chairman of the County Library Board and was

instrumental in establishing the County Library System in 1965. He was Reeve of Dysart when construction was begun on the new facility which is an expansion of the Dysart Centennial Library on Maple Street in Haliburton.

Members of the public are cordially invited to the ceremony to view the administrative offices for the County's libraries. Tea will be served.

received my early schooling in municipal affairs and I look forward to being your liaison at Queen's Park".

Reeve A.E. Hick took advantage of the opportunity to extend congratulations to Mr. Eakins on his election to the Ontario Legislature. He

said he was pleased that Mr. Eakins was "our representative and while not of the same party affiliation, I respect his judgment. I am sure John will look after our problems at Queen's Park conscientiously. If there is anything I can do to help him along, I'll be glad to do so."

You're Invited!

to our

PANASONIC

MICRO-WAVE OVEN

DEMONSTRATION

WEDNESDAY, OCTOBER 29th

7:30 P.M.

MINDEN COMMUNITY CENTRE

Owners of Hotels, Resorts, Snack Bars, Etc.
are specially invited
Everyone Welcome

Ladies, please bring your husbands

- . See how it works...
- . See how rapidly and perfectly it broils and bakes...
- . Give it your own personal taste test...

REMEMBER

Arrow TV and Communications is the only Haliburton County dealer stocking the Panasonic Micro-Wave Oven.

NOTE:

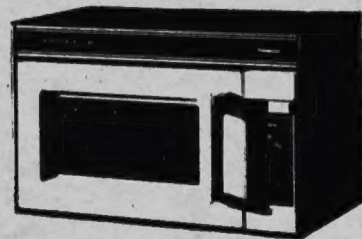
If you're unable to attend on October 29, we will gladly demonstrate the Panasonic Micro-Wave oven right in your own home and at your convenience.

**ARROW TV AND
COMMUNICATIONS**

HIGHLAND STREET

HALIBURTON ONTARIO

457-1091



Snowdon Council meets

MINDEN PROGRESS Wed., Oct. 22, 1975 Page 7

The regular meeting of Council was held on October 8th, at 7:00 p.m. with all members in attendance. Also present were Mr. H. Crosby, Municipal Planning Consultants Co. Ltd., Mr. and Mrs. R. Stewart, Mr. and Mrs. J. Mack, Mr. N. Graham and Mr. M. Pringle.

Moved by J. Francis, seconded by R. Graham - That the minutes of the September 3rd meeting be adopted as read.

Moved by D. Smedmor, seconded by R. Graham - That the high tender in the amount of \$810.00 submitted by Mr. Lyle Welch in respect of the 1964 Massey Ferguson Tractor be accepted.

Moved by J. Francis, seconded by G. Hicks - That the Ministry of Transportation and Communications be petitioned for interim payment of the 1975 Road Subsidy.

Moved by D. Smedmor,

seconded by J. Francis - That for 1975/76 winter the minimum charge for ploughing driveways to be \$5.00 for 15 minutes and under, and an additional \$5.00 for each additional 15 minute period of portion thereof.

Moved by D. Smedmor, seconded G. Hicks - That the general accounts for September in the amount of \$27,707.90 and welfare in the amount of \$50.00 be approved.

Moved by G. Hicks, seconded by J. Francis - That land severance applications nos. 314/75, 317/75, 318/75, 329/75 and 330/75 be approved and 321/75 be held pending further information.

Moved by J. Francis, seconded D. Smedmor - That the Clerk contact Municipal Planning Consultants Co. Limited and request that a presentation be made to Council relative to land use within the township.

Moved by R. Graham, seconded J. Francis - That road voucher #9 in the amount of \$30,863.16 be approved for payment.

By-Law 13/75 was read a first, second and third times, passed, signed and the Corporate Seal affixed, being a By-Law to borrow a sum or certain sums of money from the Canadian Imperial Bank of Commerce.

Moved by J. Francis, seconded R. Graham - That

this meeting be adjourned until the next regular meeting of Council on November 5th, at 7:00 p.m. unless called sooner by the Reeve.

BE A REGULAR
BLOOD
DONOR



EXPIRY DATE EXTENDED TO OCTOBER 25th

NEW FALL and WINTER

Catalogue Wrapper Offers!



Late delivery of our new Canadian Tire Catalogue to many areas has prompted us to extend the expiry date to October 25th so that you can take advantage of this special \$2.00 saving on Perma-Fill Anti-Freeze. Just a reminder then... Sale ends October 25th, 1975... You can't afford to miss it.

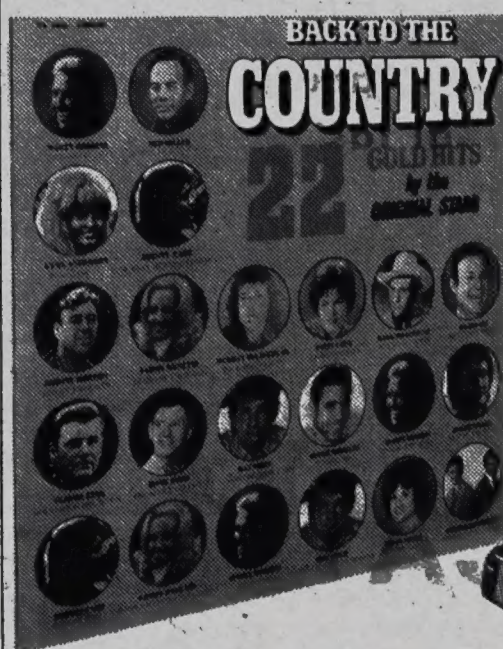
SAVE \$2.00
4.88
GALLON
with
Wrapper Coupon
Canadian Tire's No. 1
WINTER PROTECTION
and year-round
approved coolant
REGULAR \$6.88

NOTE: In some areas Perma-Fill may be supplied in metal containers instead of plastic. But it's still Perma-Fill!



Have you mislaid
your catalogue wrapper?
—or if you did not receive the new catalogue—
Don't worry. Your nearest Canadian Tire Store is
ready, willing and able to let you participate in
this catalogue Wrapper Special. Limit one gallon
to a customer. OFFER EXPIRES October 25th

More Money Saving Offers!



Available only at Canadian Tire

22 Smash Hits on one spectacular stereo L.P.
★ "For the good times" Ray Price ★ "He'll have
to go" by Jim Reeves ★ "Stand by your man" by
Tammy Wynette plus 19 more Gold Record Hits

by original recording artists including Canada's
own Murray McLauchlan and 16 other famous
singers. "Back to the Country" is an album you'll
play and treasure for years to come!

22 Smash
Hits
LP
ALBUM
only **3.99**
8-TRACK
TAPE
only **4.99**



4-bulb pack 63¢

Made for Canadian Tire by
Canadian General Electric

Reg. 4 for 93". Packs of 40, 60 100 W (all one size).



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FENELON FALLS

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John L. Brown Sales & Service



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3.99
Booster
Cables

8-Gauge, 8-foot long

A handy item to keep in your trunk for emer-
gencies. Resists corrosion, oil. For 12-volt cars.

Extra Savings!
Cash and Carry
BONUS
COUPONS

Trent-Severn Waterway News

This news column has been carried since May of this year and was developed as a result of a suggestion made by the Haliburton Highlands Property Owners Council. The main purpose has been to keep the people on the Reservoir Lakes informed about water levels and flows. It is felt by the people on the Trent-Severn Waterway that it has been beneficial. Although this has been one of the driest summers on record, with lake levels below normal, the number of complaints received has been surprisingly low. In fact, most of the letters and phone calls received have been requests for information. The lakes are fast approaching their winter levels although minimum flows, or less, are still prevalent throughout the watershed. As the cottage season generally comes to an end about Thanksgiving, this column will be discontinued but will resume next spring about the middle of May.

Peterborough Curling Club centennial

The Peterborough Curling Club is planning celebrations for the Centennial of its official beginning, the formation of the Ontario Curling Association in 1876. A Centennial Committee is producing an illustrated history of the club, the first minute book available to researchers dating back to 1862. Curling has always been a flourishing sport in the whole area, says Centennial Committee member Mrs. Tom Snowdon. Next year, from February 11 to 15, Peterborough will be host to the British Consols Playdowns at the Memorial Centre. Top district curlers in southern Ontario will compete and the winning team will play in the Macdonald Brier in May. The Peterborough Curling Club is planning various displays to mark its centennial and several old photographs and trophies have been unearthed. An iron rock was even discovered in the

Otonabee River from the days when curling was an outdoor event! The original Peterborough Curling Club was organized in 1859 with A.S. Fraser president. The curling was done outdoors at Spaulding's Bay (now drained), the Goose Pond, and Little Lake. The first covered curling and skating rink before 1870 was in Riverside Park. That was in the days when curling was a community affair and curling and skating went hand in hand. It was in 1871 that a rink was built at the present Charlotte Street site. This rink was replaced in 1908 following a fire. In 1911 the women began curling and today there are about 370 in the club. Altogether close to 1,000 men, women and students use the rink. Interest in curling expanded through the years and resulted in a second rink - at Peterborough Golf and Country Club.

Fringe benefits or Ontario Civil Servants

ONTARIO - A tentative agreement has been reached on a fringe benefit package covering 52,000 Ontario civil servants, the Civil Service Association of Ontario announced today. The union is now preparing and ballots out to its members for the ratification vote on the proposed contract. The voting is expected to be completed by October 20. No details of the proposed agreement will be released until after the ratification vote. The union's bargaining committee is unanimously commending acceptance of the settlement. If the contract is accepted, it will be the first negotiated fringe benefit agreement in the

union's history. All previous fringe contracts were implemented only after binding arbitration.

'The union is pleased to be able to negotiate a settlement this time,' said Sean O'Flynn, CSAO's first vice-president.

'It shows what can be accomplished when a management takes a reasonable attitude to the bargaining table and deals with its employees' union in good faith,' he added.

CSAO and the government are currently in negotiations for all eight wage bargaining categories and the union reports that reasonable progress is being made in these talks.

An arbitration board hearing is scheduled for October 3, on the union's first-ever service-wide working conditions contract.

Area jobs up 23 per cent in September

The Peterborough Canada Manpower Centre placed 471 persons in regular employment during September, up 23% from September of 1974 and close to the record 496 recorded in 1973 reports. Dick Kenzie in his monthly review of Canada Manpower Centre Activities, in addition there were 147 casual (less than one week) placements he said. There were 1,363 clients registered with the Canada Manpower Centre at month's end as being unemployed and seeking work. Of these, 1,075 were under 20, 1,438 between 20 and 24, 1,927 between 25 and 44, 1,166 between 45 and 64 and 157 65 and over. The largest single group of male clients were registered in the construction trades while females predominated in the clerical areas. In order to cope with the

increasing number of clients registered two new counsellors were appointed to the Canada Manpower Centre during the month, Christine Boriss and Howard Gelman. Five clients received grants to explore employment opportunities in other areas while 7 received relocation grants when they were successful in finding work outside the Peterborough district. Canada Manpower Centre counsellors arranged training at Sir Sandford Fleming College for 58 persons during the month in various school courses while 28 others entered basic training for Skill Development as a preparation for skill courses. Courses for Manpower clients starting in October include Basic Upgrading, Business and Commerce and Masonry.



Marsh World

Ducks Unlimited (Canada)

LIMNOLOGY - In recent years the word "ecology" has become a part of everyone's vocabulary. Ecology refers to the interrelationships between organisms and their environments. Limnology, simply stated, is the study of the ecology of inland waters (as opposed to oceanography). As such, it deals with all the organisms - from microscopic plants and animals to fish and waterfowl - and with the physical and chemical characteristics of the water in which they live.

147-75



Unless they are fully ripened, do not store tomatoes in the refrigerator.

False claim brings \$100 fine

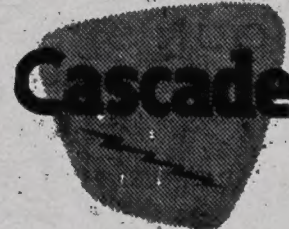
Robert David Aldridge of RR #1, Ennismore was fined \$100 to be paid within 30 days or 10 days in jail if not paid for a false representation of his UIC claim Application for benefits. Judge Richard Batten of Peterborough convicted Aldridge on the 8th of October 1978 from information obtained by the Peterborough UIC District Office in which Aldridge stated on his application 'laid off' - shortage of work, instead of 'quit' which was the correct explanation of his separation from his last employment.

Use hot water wisely Save energy... Save money



Apart from home heating, a family usually consumes the most energy in producing hot water.

Here are just a few small things you can do, that can add up to a considerable energy saving. Turn off hot water taps so they don't drip, fill clothes washers to match the size of the load, wait until you have a full load before using a dishwasher and remember showers usually require less hot water than baths. Try not to use more hot water than you need.



The Cascade electric water heater will give you a dependable supply of hot water, but it's up to you to use it wisely.

your hydro



Lang responds to brief on rising crime rate

At a recent meeting of the Haliburton County Social Planning Council a resolution was passed to send briefs to the Attorney General, the Minister of Justice and the local members of Parliament voicing our deep concern regarding the increase in crime and violence in this country. It was also resolved to ask fellow Social Planning Councils to give us their support.

The members of the Haliburton County Social Planning Council sincerely hope that you will give serious consideration to joining us in our petition to the Government.

Rising Crime Rate and Increase of Violence

For years we have taken a superior attitude about the incidence of crime and violence in other countries, knowing ourselves fortunate to live where order was maintained and an individual's rights guarded by law. We watched complacently while law and order disintegrated elsewhere, choosing to believe that it would not happen here -- but it has! The seeds were sown in our complacency, now drastic action is needed before the roots of crime and violence gain a stranglehold on our society. We must make every effort to educate the general public to this danger and make all levels of government aware of the deep concern of the Canadian people on this issue.

We urge:

1. that those in authority press forward with more effective ways of rehabilitating first offenders.

2. the laws on bail and parole be carefully revised to protect the right, property and lives of the law-abiding citizen. That serious consideration be given before granting bail to a person who is alleged to have committed another crime, even in another jurisdiction, as to whether or not the accused should be allowed bail.

3. the gun laws be tightened in such a way as to make it more difficult for firearms to be distributed to irresponsible persons. We know that this will not stop a criminal or potential criminal from obtaining firearms, but feel it would help to control and discourage first offenders and those experimenting with crime.

4. the support of the Royal Commission to study the effects of violence in television shows on our youth and ascertain whether there is a connection between this and the increase of crime.

5. the strengthening of all police forces, not only numerically but by the strong backing of our courts of law and the entire administration. It is also imperative that the citizens of this country be made aware of their duty. Somehow the instances of the public watching while a police officer is physically abused must be exposed for what it is -- a playing into the hands of the criminal and violent members of our society.

6. the number of judges be increased and court procedures streamlined in such a way that alleged offenders, both major and minor, be granted the due process of law in a more prompt manner. This would cut costs time, alleviate the pressure to grant bail on a wholesale scale and in many cases

eliminate agonizing waiting periods.

7. that when a person is found guilty of murder or attempted murder, the sentence be for natural life, in accordance with justice, and that before granting parole, the parole board be convinced that even if the person involved was under the influence of drugs or alcohol he/she would have the mental stability to refrain from committing murder or other violent acts.

8. that when a person is convicted of a serious crime involving violence he/she be carefully examined to determine if there are psychotic tendencies that would prove to be a danger to society. This condition may exist only when a person is under the influence of drugs or alcohol. In any case, the offender should be detained in a psychiatric hospital until competent doctors declare him no longer a threat to society in spite of the length of the sentence.

The maintenance of order and the administration of justice is the prime function of the government. With this in mind, we strongly urge your consideration and remedial action with regard to the concerns outlined above.

Mrs. Joan Fennell,

Chairman on behalf of the Haliburton County Social Planning Council.

Dear Mrs. Fennell:

On behalf of Mr. Lang this is to acknowledge receipt of your May 27th letter with enclosed brief from the Haliburton County Social Planning Council suggesting measures to curb criminal violence in our society.

The brief has been presented to Mr. Lang and he will be replying to you personally in due course.

I would like to reply in detail to the points in the brief of the Haliburton Social Planning Council regarding initiatives to curb violent crime in Canada.

1. The rehabilitation of offenders is the primary aim of our correctional institutions and over the years

many new concepts and techniques have been successfully applied. Inmates now have a better chance than ever before of re-integrating themselves in a positive way into society upon their release. It is interesting to note that the incidence of recidivism of federal inmates has declined somewhat in recent years.

2. I have recently introduced in Parliament amendments to the bail provisions of the law that are designed to check the abuses to the Bail Reform Act. The proposed changes do not alter the fundamental spirit of the bail laws which is to ensure that those charged with crimes are not punished without due process. But we have been concerned about persons on bail committing further offences while awaiting trial and the amendments are specifically directed towards this problem. A statement explaining the proposed changes is enclosed.

My colleague, the Solicitor General, the Honourable Warren Allmand, is taking a close look at our parole and temporary release programs to determine if improvements may be required. The key consideration is to ensure that these release programs, which are an integral part of the rehabilitation process, do not adversely effect public safety. Certainly in connection with offenders convicted of violent crimes, there has been public anxiety about these release programs and we are studying what alternatives would be appropriate in these circumstances.

3. The laws pertaining to firearms are under review and we are considering what legislative initiatives in this area may be required. We are looking at the possibility of limiting the immediate access to firearms but we do not want to create unnecessary red tape for the law-abiding citizen. In this regard, the limitations of registering sporting weapons are generally recognized. The common rifle or shotgun is not likely to be used by

criminals who want concealment. It is sometimes used in murder situations apart from pre-meditated crime, but a registration system would not save the victim nor aid in the detection of the murderer who is easily apprehended in any case. Certainly one possibility may well be stiff penalties for the misuse of firearms.

4. The Canadian Radio and Television Commission is engaged in an analysis of violence as it is portrayed on television. We are following the progress of the study very closely and it is expected that the CRTC will be making recommendations with regard to this area of broadcasting policy in the near future.

5. We are committed to improving Canada's various law enforcement agencies and we have initiated a number of programs to improve their equipment. For example, the Ministry of the Solicitor General established a special police college which trains officers in the most advanced techniques of crime prevention and detection. The Solicitor General's Department has also funded major research projects in the field of criminology at a number of Canadian Universities. Special R.C.M. Police community relations centres have been established to promote an increased awareness of the nature of police work, the role of the citizen in preventing crime and how the police can be assisted by

the public in order to carry out their responsibilities.

Civic responsibility with regard to assisting the police in the performance of their duties is, I think, quite good in Canada. More in this area ought to be done and indeed it could be promoted most effectively by citizens groups which are in an excellent position to assess the particular needs of their area.

6. In the past few years, appointments have been made to the superior courts of all provinces, in some cases to replace retiring judges and in others to increase the number of sitting judges. In 1974, 32 new judicial positions were created through the expansion of existing courts. The amendments that I have introduced in the Bill to amend the Criminal Code contain several provisions designed to streamline the trial process and to bring an accused promptly to trial.

The Government is concerned about the time a case may take to get to trial and is carefully studying the problem. Many factors must be

taken into consideration and reform may be indicated at various stages.

7. Traditionally, Parliament provides only a maximum penalty when a person is convicted of a crime. As you may be aware, the Law Reform Commission has recently put forward proposals on sentencing of criminal offenders. Their proposals are being studied with a view to determining the appropriate sentence for various crimes, keeping in mind the interests of the public and the offender.

8. Special provisions are found in the Criminal Code to deal with the mentally ill accused. We are concerned with the particular problems that are presented both in the pre-trial stages and after conviction. The provisions of the Criminal Code dealing with a person who is mentally ill will be reviewed in the ongoing re-appraisal of the criminal law. There are some constitutional questions that arise which must be taken into account.

Otto Lang

FAST EFFICIENT TV STERO SERVICE
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Dinner & Dance Hunter's Horn Inn

SAT., OCT., 25

COCKTAILS 6.30 - 7.30 P.M.

DINNER 7.30 P.M.

DANCING 9.00 P.M.



Tom Forde
&
his Band

\$16 per couple

Proceeds to Sheltered Workshop

FOR INFORMATION CALL WILF JARVIS 286-1713

NOTICE

ANNUAL MEETING

**Minden
Agricultural
Society**

**Municipal Council
Chambers**

Minden, Ontario

Wednesday, November 5

8:00 p.m.

PURPOSE: Election of Officers for the 112th Annual County Fair in Minden and General Business.

**Richard Parisotto,
President**

NUTRITION PLAIN TALK

Food Sense in Canada



MAKE IT WITH BREAD... SERVE UP NUTRITION

Versatile breads go with nearly every kind of food and make it that much better for you and your family. Enriched white bread contains the three important B vitamins (niacin, thiamine, and riboflavin) as well as calcium and iron. Whole wheat breads provide the same in natural form. Even calorie counters can rely on bread to help ensure a well-balanced diet as recommended by Canada's Food Guide. One slice of bread contains approximately 75 calories, the same as an egg, a glass of skim milk or a medium sized banana.

The variety of good fresh bread available at your grocer's is almost limitless and a creative cook can do marvellous things with it. From a simple delectable sandwich to desserts with a touch of genius about them.

Next time you're stuck for an idea for a hurry-up luncheon or a late-night snack, try this suggestion from **Joan Fielden**, nutrition consultant for the Bakery Foods Foundation of Canada. Tuna salad on slices of whole wheat toast topped with egg slices and a garnish of parsley.

For a different dessert whip up a feathery torte, one of the many foods introduced into Canada by people from Germany. It is made with bread crumbs instead of flour and uses eggs instead of shortening to make it light and fluffy. You can use your imagination for the filling: jelly, crushed nuts or whipped cream flavoured with brandy, rum or coffee or...?

Tuna Salad Serves 4

- | | |
|-------------------------|----------------------------|
| 2 cups flaked tuna | ¼ teaspoon each — dry |
| 4 tablespoons butter or | parsley, chives and |
| margarine | tarragon |
| ½ cup mayonnaise | 2 sliced hard-cooked eggs |
| ½ teaspoon lemon juice | 4 slices whole wheat bread |
| ¼ cup chopped celery | parsley sprigs |

Mix together fish, herbs and butter until creamy. Add mayonnaise, lemon juice and chopped celery, blend together. Place a serving of salad on bread, top with egg slices, garnish with parsley.

Bread Torte

- | | |
|---------------------------|-------------------------|
| 5 eggs, separated | 1 cup blanched almonds, |
| 1 cup sugar | slivered |
| 1 cup grated bread crumbs | 1½ teaspoons baking |
| ½ teaspoon lemon juice | powder |

Beat egg yolks and sugar until very light. Soak bread crumbs in lemon juice or wine. Mix all ingredients folding in stiffly beaten egg whites at the end. Turn into two greased and floured 9-inch layer pans. Bake in 350°F. oven 45 minutes. Fill with walnut filling.

For Sale

Minden Rotary
JAZZFEST
Record
Albums

CLEARANCE PRICE

286-1460

Ontario Government Tender Aluminum Window Contractors

Supply and installation of aluminum combination storm and screen sash to Dormitory #70, L.M. Frost Memorial Resource Centre, Dorset, Ontario.

TENDER # 31C-422
Individual sealed tenders will be received until 2.00 P.M. LOCAL TIME, NOVEMBER 5, 1975.

Tender Documents may be obtained from the Ontario Ministry of Government Services, Lindsay Regional Office, 322 Kent Street, West, P.O. Box 7000, Lindsay, Ontario. NOTE: For further information regarding this tender, please call Mrs. E.M. Neale at the above address. Telephone (705) 324-9188.

The lowest or any tender not necessarily accepted.



MOLOU Theatre HALIBURTON

JAWS

STARTING FRI. OCT. 24th
and playing for 7 days
SAT. 25. SUN. 26. MON. 27.
TUES. 28. WED. 29 and THURS. 30th
7:15 AND 9:20 NIGHTLY
Molou Theatre Only

Blood donations rise

Clark Moon, Chairman of Blood Donor Services, Canadian Red Cross Society, Ontario Division, last week announced that total blood donor collections for the period of January to September 1975, for the Province of Ontario show an increase of some 8,000 units of blood over the same period last year.

He went on to say that 'even though at first glance the picture looks good, the figures don't really tell the whole story. We still suffer shortages in the summer months and during the Christmas holidays.'

Mr. Moon also pointed out that hospital requests for blood are steadily increasing which puts even greater pressure on the four centers to meet the daily provincial requirement of 1,600 units of blood.

'Fifty percent or approximately 800 units of the blood collected daily is turned into such components as cryoprecipitate, plasma and platelets. We have found this to be a more efficient way in distributing this most valuable gift.'

Fri. 24 Sat. 25 The Best of Walt Disney's True-Life Adventures James ALGAR, Winston HIBLER, Ted SEARS Directed by Ben SHARPSTEEN, James ALGAR, James ALGAR Presented by United Artists Distribution Co. Inc. © 1975 Walt Disney Productions	Sun. 26 Xaviera Hollander STARRING IN HER FIRST ACTION PICTURE! My Pleasure Is My Business "Suburban Wives" the 9 to 5 widows.
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Okay 92 apartment units for Peterborough

PETERBOROUGH - Central Mortgage and Housing Corporation last week announced the approval of a loan for \$1,432,600 to Citi Centre Peterborough, Ltd. for the construction of 92 apartment units.

Charles Huffman Ltd. will erect the six storey structure which is the last phase in a four building development. The other three buildings contain a total 310 units of mixed family and senior citizens apartments. The Citi Centre Peterborough Ltd. development is

bounded by King, Sherbrooke, Aylmer and Bethune Streets. This latest addition will be comprised of 90 junior one-bedroom units and two, two-bedroom units. Underground parking will be provided for 73 cars and the entire development is near shopping and other amenities. Rents are estimated to be approximately \$25 below the normal market rates. Provided under the National Housing Act the loan is for a term of 50 years at eight per cent interest.

THE Washday ADVICE BUREAU

Choosing the best laundry product

WITH the variety of fabrics and finishes found in today's laundry basket, it is often necessary to use more than one basic laundry product to produce the cleanest, brightest possible wash. Some synthetics can't be bleached, some white cottons come clean best with bleach, wools don't like to be machine washed with detergent, but sheets would be troublesome to hand wash, and the results would probably be grey to say the least.

So, although there are a large number of products on the market, many of them are very necessary. The trick is to select those products or types of product best suited to your average wash load, and get in the habit of using them to produce the cleanest, freshest possible laundry.

There are two basic types of products: soaps or detergents used in the cleaning process; and laundry aids or speciality products used for improved cleaning, stain removal and reduction of static cling.

The simplest type of cleaner — soap — is available in powdered or flake form and is useful for cleaning wools, fine fabrics, lightly soiled garments and for hand-washing. It does not, however, function well in hard water as it tends to combine with the minerals to form curd or scum which is redeposited in the laundry.

Detergents were invented primarily to get around this curdling action, and contain not only synthetic soaps or surfactants, but also a number of additional ingredients such as water softeners, fabric whiteners, anti-redeposition agents and suds control agents. Different brands of detergent, however, have different combinations of ingredients and it is important to read and follow package directions for the product to get the best performance. Because of regional differences in the composition of water certain detergents may work better for you than others. If the water in

your area is hard, select a detergent with 12-14 per cent builder. If the water is soft, you will need less builder, and probably less detergent for each wash load.

Apart from detergents, the two most commonly used laundry products are fabric softeners and bleaches and bleach substitutes.

Fabric softeners are designed to give fabrics a soft feel and reduce static clinging. They are available in a number of forms for adding to either wash, rinse or drying cycles. Most are very effective but should not be poured directly onto clothes, as under some circumstances they can stain.

Bleach and bleach substitutes are used for two purposes: stain removal and general brightening of fabrics. Chlorine bleach has long been the most popular product in this area of the market. In recent years, however, a number of new fabrics have been developed which do not react well to chlorine bleach, either yellowing or showing fabric damage. It is most important to check the manufacturer's washing instructions with regard to the use of chlorine bleach.

Gaining in popularity lately and with a wide range of applications is the bleach substitute, a product that may be used instead of bleach to enhance the effectiveness of detergents and also for pre-soak or stain removal. Perhaps the best known product in this category is Borateem-Plus, a borax-based bleach substitute which is safe for all fabrics and highly effective for stain removal, especially body soil and biological stains. It can be poured directly onto stains, or rubbed in as a paste with a little water, or added along with the detergent to boost the cleaning power of a detergent.

For a free leaflet on laundry, or if you have a laundry problem, send a postcard to: The Washday Advice Bureau, 151 Bloor St. W., Ste 1100, Toronto, Ontario M5S 1S8.

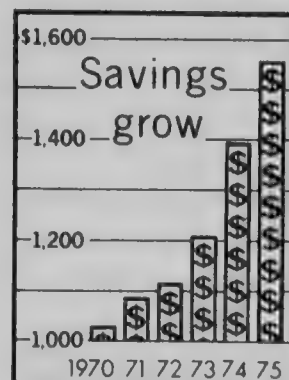
Canadians continue strong savings pattern

Personal savings deposits at the Canadian chartered banks more than doubled to \$32 billion during the past five years, according to the Canadian Bankers' Association.

The average personal savings account at the end of April was \$1,559, up from \$1,028 five years earlier when deposits totalled \$15.8 billion.

The chartered banks are the country's principal savings institutions through about 7,000 domestic branches and statistics reveal their broad appeal to Canadians of average means.

The number of individual accounts with less than \$1,000 has declined to



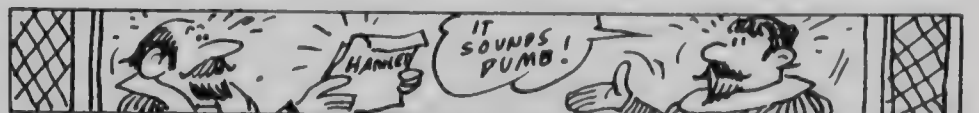
than \$10,000 has remained relatively stable, representing 96.8 per cent of all accounts compared with the 1970 figure of 98.3 per cent.

There now are more than 20.5 million individual personal savings accounts at the chartered banks, an increase of about 33 per cent since 1970. This compares with a population growth of seven per cent during the same period.

The total number of individual deposit accounts at the banks, including personal savings and other deposit accounts of the public, now exceeds 27.5 million or more than one for every man, woman and child in Canada.

71.5 per cent from 78.1 per cent since 1970 although these still constitute the vast majority. Accounts in the \$1,000 to \$9,999 category have grown to 25.3 per cent of all accounts from 20.2 per cent.

Despite this shift, the number of accounts of less



A sentence should read as if its author, had he held a plough instead of a pen, could have drawn a furrow deep and straight to the end.

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Your Week In Television

OCTOBER 25 - 31

CKVR Barrie 3 CHEX Peterborough 12 Global 2 & 22

Weekend Viewing

SATURDAY, OCTOBER 25

12.00	3	Roller Derby
12	12	Wild Kingdom
22	22	Movie - Yul 871
12.30	12	Garner Ted Armstrong
1.00	3	Wrestling
12	12	Campus Quiz
1.30	12	Lively Woman
22	22	Global Journal
2.00	3	Movie - Once upon a Time in the West
12	12	CFL
22	22	The Canadians
2.30	22	Wrestling
3.30	22	Pink Panther
4.00	22	Merrie Melodies
4.30	12	Sportsworld
22	22	Wait Til Your Father Gets Home
5.00	3	Bugs Bunny
12	12	Pan Am Games
22	22	Geo. Anthony With...
5.30	3	Welcome Back Kotter
22	22	Going Places
6.00	3	Movie - Pony Express
12	12	News
22	22	Newsweek
6.30	12	Now - Doug Hall
22	22	Sports Probe
7.00	12	Some Mothers Do 'Ave 'Em
22	22	Money Talks
7.30	12	Phyllis
22	22	Number to Call
8.00	3,12	NHL-Boston @ Mtl.
9.30	22	Doctor on the Go
10.00	22	Matt Helm
10.30	3,12	Cellidh
11.00	3,12	The National
22	22	Movie - How to Murder Your Wife
11.20	3	Final Edition
12	12	Night Final
11.50	12	Movie - 3 on a couch
12.00	3	Movie - Otley
2.10	3	Movie - Pressure Point
3.50	3	Movie - Rio Grande

SUNDAY, OCTOBER 26

7.30	3	Crossroads
8.00	3	Day of Discovery
8.30	3	Jim my Swaggart
9.00	3	International Outreach
22	22	Newsweek
9.30	3	Growing Up
12	12	Crossroads
22	22	To You With Love
10.00	3	People's Church
12	12	Day of Discovery
22	22	Festival Portugese
10.30	12	It is Written
11.00	3	Rex Humbard
12	12	Meeting Place
22	22	Portugal '75
11.30	22	Domenica Sport
12.00	3	Ted Armstrong
12	12	Rex Humbard
22	22	Studio Italiano
12.30	3	Herald of Truth
22	22	Johnny Lombardi
1.00	3,12	NFL
22	22	La Diagnosti
1.30	22	Pino Ubaldo Show
2.00	22	Good News
2.30	22	Master's Touch
3.00	22	International Outreach
3.30	3,12	Sports Week
22	22	Father Foley
4.00	3,12	Country Canada
22	22	Agape
4.30	3,12	Hymn Sing
22	22	Merrie Melodies
5.00	3,12	Black Beauty
5.30	3	Phyllis
12	12	It's a Musical World
22	22	Movie - Ben Hur
6.00	3,12	World of Disney
7.00	3,12	The Waltons
8.00	3,12	Irish Rovers
8.30	3,12	October Celis
10.00	22	Beacon Hill
11.00	3,12	The National
22	22	Movie - Death Stalk
11.20	3	Final Edition
12	12	Night Final
11.40	12	Under Attack
12.00	3	Movie - Valley of the Dolls

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OUR SPECIALS THIS WEEK

Daytime Viewing

MONDAY - FRIDAY

8.00	3	Daybeat
9.30	3,12	Schools - Mon. Wed. Fri.
		Mr.Piper-Tues.Thurs.
10.00	3,12	Mon Ami
10.15	3,12	Friendly Giant
10.30	3,12	Mr. Dressup
11.00	3	Sesame Street
12	12	Mon.-Flaxton Boys, Tues.-Try Out Wed.-How It Happens Thurs.-Aquarium Fri.-Skipper & Co.
22	22	Canadian Cavalcade
11.30	3	Leave it to Beaver
12	12	Ed Allen
12.00	3	Yogi Bear
12	12	Noonday Report
22	22	Sports Probe
12.30	3	News
12	12	Party Game
22	22	Global News
1.00	3	Daybeat
12	12	Marcus Welby MD
1.30	22	Doctor in the House
2.00	12	Marie Callaghan
22	22	Guiding Light
2.30	3,12	Edge of Night
22	22	Global's Got It!
3.00	3	Molra Hunt
12	12	Juliette
22	22	Let's Go
3.30	3,12	Take Thirty
22	22	Pink Panther
4.00	3,12	Family Court
22	22	Gilligan's Island
4.30	3,12	Forest Rangers
22	22	The Monkees
5.00	3	Truth or Consequences
12	12	Family Affair
22	22	Hogan's Heroes
5.30	3	Early Edition
12	12	Partridge Family
22	22	That Girl

Evening Viewing Monday to Friday

MONDAY, OCTOBER 27

6.00	3	Movie - Happy Feeling
12	12	Evening Report
22	22	Global News
6.30	12	Hawaii Five-O
22	22	Adam-12
7.00	22	The Odd Couple
7.30	12	Barney Miller
22	22	Movie - Cotton Comes to Harlem
8.00	3,12	Rhoda
8.30	3,12	Front Page Challenge
9.00	3,12	All in the Family
9.30	3,12	Chico and the Man
22	22	Maude
10.00	3,12	News Magazine
22	22	Global News
10.30	3,12	People of our Time
11.00	3,12	The National
22	22	Rimstead!
11.20	3	Final Edition
12	12	Night Final
11.30	22	In Private Life
11.50	12	Movie - Hand in Hand
12.00	3	Movie - Prime of Miss Jean Brodie

TUESDAY, OCTOBER 28

6.00	3	The Sea
12	12	News
22	22	Global News
6.30	12	Partridge Family
22	22	Adam-12
7.00	22	The Odd Couple
7.30	3,12	Opening of Ontario Legislature
22	22	Doctor at Sea
8.00	3,12	Happy Days
22	22	WHA Hockey
8.30	3,12	This is the Law
9.00	3,12	Prime Time
10.00	3,12	Doctors Hospital
10.30	22	Global News
11.00	3,12	The National
11.20	3	Final Edition
12	12	Night Final

11.30	22	Rimstead!
11.50	12	Movie - Only Two Can Play
12.00	3	Movie - Casino Royale

WEDNESDAY, OCTOBER 29

6.00	3	Movie - Morning After
12	12	Evening Report
22	22	Global News
6.30	12	Lawrence Welk
22	22	Adam 12
7.00	22	The Odd Couple
7.30	3	Second Look
12	12	Editorial Page
22	22	Mystery Theatre
8.00	3	Nature of Things
12	12	Kinsmen Auction
8.30	3	Musicamera
9.00	22	Kate McShane
10.00	3	Upstairs/Downstairs
22	22	Global News
11.00	3,12	The National
22	22	Rimstead!
11.20	3	Final Edition
12	12	Night Final
11.30	22	Going Places
11.50	12	Movie - Anatomy of a Murder
12.00	3	Movie - Wolf Man

THURSDAY, OCTOBER 30

6.00	3	Movie - Papa's Delicate Condition
12	12	Evening Report
22	22	Global News
6.30	12	Little House on the Prairie
22	22	Adam-12
7.00	22	The Odd Couple
7.30	12	On the Rocks
22	22	Mystery Theatre
8.00	3,12	Carol Burnett
9.00	3	Movie - Stone Killer
12	12	Chase
22	22	Ellery Queen

10.00	22	Global News
12	12	Upstairs/Downstairs
10.30	22	Wintario
11.00	3,12	The National
22	22	Rimstead!
11.20	3	Late Edition
12	12	Night Final
11.30	22	My Country
11.50	12	Movie-Old Dark House
12.00	3	Movie - Execution of Pte. Slovik
22	22	Movie - House of Usher

FRIDAY, OCTOBER 31

6.00	3	Movie - Things I Said
12	12	Evening Report
22	22	Global News
6.30	12	Space 1999
22	22	Adam-12
7.00	22	The Odd Couple
7.30	3	Reach for the Top
12	12	Bob Newhart
22	22	Big Eddie
8.00	3,12	Mary Tyler Moore
22	22	Mobile One
8.30	3,12	M*A*S*H
9.00	3,12	Tommy Hunter
22	22	Global Presents
10.00	3	Starsky and Hutch
12	12	Police Story
22	22	Global News
11.00	3,12	The National
22	22	Rimstead!
11.20	3	Late Edition
12	12	Night Final
11.30	22	Movie - Buona Serra
22	22	Mrs. Campbell
11.50	12	Movie - Loss of Innocence
12.00	3	Movie - Rosemary's Baby
2.10	3	Movie - Voyage to the End of the Universe
3.50	3	Movie - Curse of the Swamp Creature



Real Estate

Audrey Redner



What goes with house?

Real estate is usually defined as the land and everything attached to it, such as: buildings, trees, shrubs, etc. The buyer normally gets all of the real estate, but none of the owner's personal property. The problem arises when personal property has become a part of the real estate. This is called a fixture and does pass with the real estate.

There are three usual tests which must be satisfied. Has the personal property been permanently annexed to the real estate? Is it intended to become part of the real estate? And finally, what is the local custom?

Usual fixtures might include heating equipment, television antenna, wall-to-wall broadloom over 'sub-flooring', shrubbery and landscaping, screens storm windows, lighting fixtures, etc.

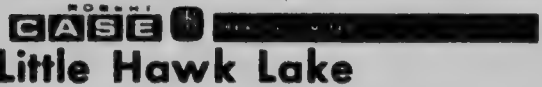
It is important that the purchaser and vendor spell out specifically in the sales agreement exactly what is intended to go to the purchaser as part of real estate. This will save misunderstandings at the closing. A Realtor is well experienced in doing just this. And We, at Robert Case Realty, have been doing it for 24 years now. We welcome the opportunity of assisting you too. Call us at 286-2882 now.



COTTAGES

12 Mile Lake Access 2 homes and a cottage

2 bedroom frame bungalow and 4 bedroom 2 storey stucco and 4 room cottage, winterized and rented; all facilities. \$10,000 down. RON WRIGHTMAN. 286-2882.



Little Hawk Lake

2 bedroom - 100 ft. frontage, boat access. \$11,500. GERRY PINCH. 286-2882.



Canning Lake

3 bedrooms, furnished, large lake, 150 ft. frontage, 500 ft. depth. Panoramic view, elevated deck. \$39,300.00. BOB AUSTIN - 286-2882.



Little Hawk Lake

2 bedroom sleeping cabin, beautifully furnished throughout. 14 ft. fibreglass boat, 40 h.p. motor, 120 ft. frontage. \$35,500.00 with terms. GERRY PINCH. 286-2882.

BOSHKUNG LAKE

200 ft. of rock and sand, blend with a mixture of White Pine and Maple to accent the beauty of this 3 bedroom furnished cottage with full panoramic view. \$33,500.00 with terms. BOB AUSTIN. 286-2882.



Big Hawk Lake

Two cabins, 16 x 20, sand beach, 130 ft. frontage, boat access. \$17,500.00. GERRY PINCH. 286-2882.



Salerno Lake

Panoramic north-east view from lofty, secluded setting 100 ft. frontage combines with a fully insulated, half log siding, 2 bedroom cottage. \$15,900.00. Terms. BOB AUSTIN. 286-2882.



Classic Early Canadian Log Cottage

348 ft., 2.5 acres on Canning Lake, all sand beach, year round access, 6 room 1-1/2 storey with shower and all facilities. Excellent value at \$39,900. Terms. RON WRIGHTMAN 286-2882.



HOMES

Kinmount Town Home

1,750 sq. ft. of spacious living. 3 bedrooms, 2 baths, large family room, living room, study, basement garage in full basement. Asking \$43,500 JACK KINSMAN 286-2882.



South Lake

4 bedroom home, spacious layout, 2 - 4 piece bathrooms, glassed porch, partially furnished, boat house, boat and 40 h.p. motor. Five miles from Minden. Excellent terms. \$8,000. down, \$200 monthly. 286-2882.



Minden Home

2 bedroom, 2 miles from Minden with over 200 ft. on country road, good well. \$16,900 with terms. BOB AUSTIN 286-2882.



We like to tackle those so-called "HARD-TO-SELL" homes. That's when our special MERCHANDIZING TASK-FORCE goes into play to show you how easily they can be sold, "in a business-like way"

Autumn Special



Exceptional value in this spacious, cozy, completely remodelled northern country home. Large living room with stone planter, fireplace and wall-to-wall broadloom, 5 bedrooms, 2 baths, kitchen and dining room. Compare to others and see for yourself. \$49,900.00. JACK KINSMAN 286-2882.



ACREAGE

12 Mile Lake

New brick ranch style, 3 bedrooms, rec room with fireplace, attached double garage, large cabin all on picturesque lot with 145 ft. of sand beach. \$89,900.00. JACK KINSMAN - 286-2882.



LOTS

Waterfront Lot

100 ft. x 200 ft. with driveway, Gull River. \$8,500. Good terms. RON WRIGHTMAN 286-2882.



Maple Lake

MAPLE LAKE - 100 ft. frontage of sand beach. Excellent for building, try this one at \$10,500.00. JACK KINSMAN 286-2882.

4 Waterfront Lots Kawagama Lake

2 - 5 acre parcels, 2 - 40 acre parcels. Each has 330 ft. water frontage. Heart of Haliburton's finest hunting and fishing. Low down payment and excellent terms. For full details call RON WRIGHTMAN 286-2882.



Bob Lake

6 year round building lots, 15 acres each. Bob Lake beach and lake access, treed, stream and pond. For first choice call BOB AUSTIN - 286-2882.



Halls Lake Lot

A spacious lot treed in white birch and maple, ready to build your cottage on, drive to your door, 170 ft. of clean sand beach with a large 24 ft. boat house. \$23,500.00. JACK KINSMAN. 286-2882



REALTY LIMITED

OFF BEAT APPLE PIE



It's National Apple Month which means that it's apple harvest time and fresh apples are pouring into markets across the land. Now is the time to get out apple recipes you've been planning to try because many varieties are available. For pies, most cooks like a snappy, rather tart apple like Jonathan, Winesap, Northern Spy, Newton, Pippin and Stayman. But

your own favorite is the one to use.

This recipe for Sour Cream Apple Pie is a single crust pie. The apples are chopped instead of sliced. A mixture of sour cream, eggs and sugar is poured over the apples which after baking results in a custard-like texture. A cinnamon flavored crumb topping takes the place of a top crust, complementing the fresh apple flavor.

SOUR CREAM APPLE PIE

- 1 pie crust, for single crust pie
- 2 cups pared, chopped apples
- 2 tablespoons flour
- 1/2 cup sugar
- 1/4 teaspoon salt
- 1 cup sour cream
- 1 egg, slightly beaten
- 1 1/2 teaspoons vanilla extract

On a lightly floured board roll out pie dough to fit 9-inch pie plate. Transfer the dough to the plate and trim edge, leaving 1/2 inch overhanging. Fold edge under and flute.

Place chopped apples into pastry shell. Combine flour, sugar and salt in a bowl. Add sour cream, egg and vanilla extract. Beat until smooth, then pour over apples in prepared pastry shell. Bake at 425°F. for 15 minutes, then reduce heat to 350°F. and bake 30 minutes longer. Remove from oven and add the following crumb topping.

Crumb Topping: Blend together 1/3 cup flour, 1/3 cup sugar, 1 1/2 teaspoons ground cinnamon and 1/4 cup butter or margarine. Sprinkle on top of pie and bake at 400°F. for 10 minutes. Makes one 9-inch pie.

Business Practices Act

If you've ever felt like you've been "taken" after giving in to that slick sales pitch or buying a wonder product "guaranteed" for a lifetime, take heart.

The Ontario Business Practices Act, which became effective May 1, 1975, can take the frustration out of such situations by giving you, the consumer, a way to claim redress if you've been the victim of an unfair business practice.

The Act covers virtually every type of sales transaction between a vendor and an individual consumer. For the first time it sets out clearly what unfair business practices are and what rights and remedies the consumer has. The Act protects not only the consumer but the business community as well by unethical businessmen.

Under the legislation, a salesman cannot, for example, encourage anyone to buy a product by making exaggerated, misleading or false claims about the product's performance, quality, durability or the reason for its sales. Taking advantage of people who cannot protect their own interests because of age, sickness or a poor understanding of the language is also prohibited.

If you are the victim of an unfair practice, there are three courses of action you may take. First, you

can hand-deliver or send by registered mail a letter asking the company to cancel the agreement. This must be done within six months of the sale. Most businesses want to keep you as a customer, so they will try to negotiate a satisfactory agreement with you.

A businessman who refuses to negotiate with you in good faith can be taken to court. For products and services under \$400 you can sue in Small Claims Court. Proceedings are quite inexpensive and a lawyer is not needed. However, if you go to a higher court, a lawyer should be consulted.

The third remedy is to write to the Consumer Protection Bureau of the Business Practices Division in the Ministry of Consumer and Commercial Relations. After the Bureau has reviewed both sides of the case it can mediate between the consumer and the businessman.

Plain common sense is still the best protection against unfair practices. But if you do run into problems, the Act is there to help you solve them.

For copies of the Consumer's Guide to the Ontario Business Practices Act write to:

ONTARIO CONSUMER,
Queen's Park,
TORONTO, Ontario.



By Jack House, The Director
Teacher's Scotch Information Centre

THE TARTAN FOR YOU

Many people are confused about the Scottish Clan tartans because some Clans have as many as three different patterns. But Teacher's Scotch Information Centre can explain this quite simply.

Each Clan has its own tartan. In some cases the ordinary tartan was so brightly coloured that it would be too conspicuous when the Clansmen were out hunting. So a more sombre-coloured tartan was designed, to tone with the moors, the hills and the forests. This is known as the Hunting Tartan.



There were other Clans whose tartans were naturally dark and who wanted to cut a dash on special occasions. So for these Highlanders tailors made a tartan using the normal pattern on a white ground. This is known today as the Clan's Dress Tartan.

If you have a Clan name, or are married to a person with a Clan name, you are entitled to wear that Clan's tartan. The same applies if you are descended from

people with Clan names. But, if you have no Clansmen in your ancestry, you can wear either Shepherd's Plaid tartan or Royal Stewart tartan.

Shepherd's Plaid is a small black and white check and was worn by Sir Walter Scott. And, since the Queen is the head of all Scots, anyone with even the slightest trace of Scottish blood is entitled to wear the Royal tartan.

Red Cross appointment

Mr. John P. Hamilton, President, Canadian Red Cross Society, Ontario Division, announced today the appointment of Mr. Brian Paterson as Assistant Commissioner of Ontario Division.

Mr. Paterson, formerly Director of Water Safety, joined Red Cross in 1966 as a supervisor in the Water Safety Department, and was appointed Director in 1968.



Kinmount

Fully winterized cottage - Crystal Lake. 100 ft. frontage. \$29,900.00.

Fortescue Lake, newer chalet, all conveniences. Sliding glass doors to sundeck. Lot 100 ft. x 650 ft. \$27,500.00.

Stormy Lake - Winterized cottage, fully furnished. All conveniences plus guest cabin. Insulated. Large frontage. Asking \$28,900.00.

Fortescue Lake - 'A' frame. Needs some finishing. No plumbing. Lot 275 ft. x 600 ft. Asking \$19,900.00.00.

Log cabin - 17 ft. x 20 ft. with outhouse and woodshed. 300 ft. on township road, 400 ft. Highway 121, near Minden. \$11,500.

10 acres on year round road. Hydro and phone available. Asking \$7,900.00 with \$2,000 down.

25 acres near Cobocok. 495 ft. on year round road. Nice maple bush. \$9,900.00.

We urgently require small and large acreages. Cash buyers waiting.

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Reg McCluney
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Minden, Ont.
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[705] 286-2264

Effective October 20, 1975, this office will be open on Mondays only.

If you need assistance at other times please

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in Lindsay at 324-9181

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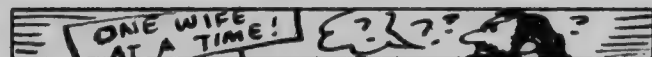
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Australian aborigines considered the man who took more than two wives to be selfish.

NOTICE OF PUBLIC HEARINGS County of Victoria MUNICIPAL GOVERNMENT STUDY

Interested and concerned parties - Municipal Councils, community organizations and individuals - are invited, and encouraged to participate in the Study by contribution of opinion related to the Preliminary recommendations of the second Study Report - "PRELIMINARY PROPOSALS FOR THE FUTURE".

Those persons who did not receive a copy of the report should contact their local municipal office, a member of Council, or the undersigned.

Written briefs, or viewpoints, may be submitted directly to the Study office without a requirement for attendance at the Hearings.

The following detail applies to those who wish to elaborate upon a submission, or simply present opinion at the Hearings.

1. Two sessions will be held each day: from 1:30 p.m. to 5:00 p.m. and from 7:30 p.m. to 10:00 p.m.

2. Dates and Locations are:

- (a) Monday, November 17, 1975
Bobcaygeon - Bobcaygeon Legion Hall
- (b) Wednesday, November 19, 1975
Fenelon Falls - Fenelon Falls Recreation Centre
- (c) Monday, November 24, 1975
Lindsay - Lindsay Court House
- (d) Tuesday, November 25, 1975
Woodville - Woodville Town Hall
- (e) Thursday, November 27, 1975
Cobocok - Cobocok Community Hall

If you wish to participate it is important that the following requests be observed:

1. Contact the Study Office and advise of your intentions to submit a brief so that your attendance can be scheduled and co-ordinated with others.

2. If you propose to submit a written brief please arrange for a copy to be made available at least one week before the Hearing date.

3. Telephone numbers - Study office:
705-324-1640 and 324-1641.

R.E. Sims,
Commissioner.

42 Victoria Ave. N.,
Lindsay, Ontario.

today's health

Too much food, drink or drugs can harm the system

by David Woods

When it comes to the care and feeding of the gastrointestinal tract, most people focus on the feeding and forget about the care.

And that, up to a point, is fine. The so-called GI tract, through which everything we eat or drink is carried, is a busy and efficient thoroughfare. Leading from the mouth through the pharynx, the oesophagus, the stomach, and on into the large and small intestine and then to the rectum, the GI tract not only transports what we eat — it transforms it. At various stages along the route ingested material is chemically treated, reorganized, stored, distributed or dispatched.

All of this movement and activity we take pretty much for granted. But, like any other transportation system, this one can get snarled up.

The main enemies of the GI tract are ASA (acetyl salicylic acid), alcohol, smoking, antibiotics and laxatives.

ASA, whether in tablet or seltzer form, can have a damaging effect on the tough lining of the stomach wall — the mucous membrane — making the stomach more vulnerable to acids involved in the digestive process. The result of all this will depend on the amount of aspirin taken, and, of course, on the person and the stomach involved. But it can mean heartburn, ulcers or even hemorrhage.

Alcohol has much the same effect on the stomach lining, but large and

consistent doses of it can also affect the liver and the pancreas — both glands involved in the digestive process — and can also lead to pancreatitis and cirrhosis of the liver, difficult to treat (sometimes incurable) diseases. Alcohol has a third effect. It hampers the absorption of food as nutrient, thus depriving the body of the full value of what is eaten.

Smoking relaxes the valve between the stomach and the oesophagus, thus allowing acids to flow back from the stomach instead of moving along in the right direction. This condition, known as reflux oesophagitis, causes heartburn. Also, while smoking hasn't actually been shown to cause ulcers, it does prevent existing ones from healing properly.

Antibiotics can injure the GI tract in a number of ways, such as by causing inflammation of the colon — colitis. While these "wonder drugs" obviously serve a useful purpose, they shouldn't be used for trivial complaints.

Finally, people who don't get enough roughage in their diet resort to laxatives, and these, in their harsher forms, tend to flog the life out of the large bowel. This creates a vicious circle in which the bowel isn't elastic enough to do its job, and so more laxatives are needed.

The enemies of the GI tract are mostly quite easy to deal with; their assets have to be weighed against their liabilities. Moderation is where care of the GI tract begins.

County library adds new titles

Recent additions to the Haliburton County Public Library Book collection; all titles are on recent lists of most popular books; all books are available on request from any of the nine library outlets. You can get there from here Shirley McLaine's autobiography The Bermuda triangle mystery solved Build your own greenhouse

Clipping your poodle Colombo's Canadian quotations Complaints is many and various but the odd devil likes it: a history of Newfoundland. Creating rugs and wall hangings Eating may be hazardous to your health: the chemicals in food The Encyclopedia of folk, country and western music

The great Canadian comic books Let's cook microwave The secrets of Kung Fu TM (Transcendental Meditation) FICTION Death in Don Mills - Hugh Garner The dreadful lemon sky - John D. MacDonald A fine and private place - Morley Callaghan The Great Victorian Collection - Brian Moore The Jesus Boy - R.L. Green Ragtime - E.L. Doctorow The great train robbery - Michael Crichton The Invisible Cord - Catherine Cookson Shotgun - James Clavell Circus - Alistair McLean

Canadians pay less than Americans

The premium rates paid for life insurance by Canadians are amongst the lowest in the world, reports The Canadian Life Insurance Association.

On average, says the Association, the premium rates paid by Canadians in recent years have been about 10 per cent lower than those paid by people in the United States.

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Mr. J. I. McKiernan

who will be at

Beaconbrook Motor Hotel, Haliburton, November 5, 1975 between 10 am and 3 pm. Call 457-1610 for an appointment.

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Six

FROM PAGE ONE

and struck an embankment October 15.

Damage amounted to only \$250.

Investigation by Provincial Constable Bill Clendenning. Driver Gail S. Adams, 21, of West Gullford, was charged with impaired driving and operating an unsafe vehicle after her car struck a rock cut and rolled onto its roof on Highway 121 near Trappers Trail a week ago Wednesday.

While Mrs. Adams suffered only cuts and bruises, damage to her car amounted to some \$1,300.

Investigation by Provincial Constable Jim Martin.

A second driver, David G. Pettes, 17, of RR 2, Minden, was charged by police with careless driving and failing to report damage to property on Highway 35 a week ago last Monday.

Northbound near Buttermilk Falls around 3 a.m., his van struck two guide posts doing more than \$700 damage. Investigation by Provincial Constable Jim Solway. Both driver James G. Massie 18, of Mississauga and passenger Andrew Goodman, 17, of St. Catharines, were examined for pain and released after their westbound car went out of control on Highway 530 and into the ditch where it struck a rock a week ago last Monday.

Damage to the car was estimated at some \$1,500.

Investigation by Provincial Constable Brian Ladurantaye.

Following an accident that same day on County Road 3 near Gooderham, driver Ronald Carter, 27, of Scarborough complained of pain while passenger John B. Carter suffered cuts and bruises.

Damages to their car amounted to \$2,800 after the southbound vehicle went into the ditch and hit an embankment.

Investigation by Provincial Constable Weldon Popp.

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Notice

to creditors and others

All persons having claims against the Estate of ERIC DONALD HEDDLE MORRISON, late of the Village of Kinmount, in the Township of Somerville, in the County of Victoria, Gentleman, Deceased, who died on the 20th day of June, 1975, are requested to send the same to the undersigned on or before the 12th day of November, 1975 after which date the Executors will distribute the assets having regard only to the claims of which they shall then have had notice.

DATED at Lindsay this 6th day of October, 1975, A.D.

WILLIAM CHARLES SCOTT,
KEITH MAGAN TOPPIN,
GALE ELIZABETH BUTTERILL,
Executors,
By their solicitor,
A.B. Patterson, Q.C.,
18 York Street South,
LINDSAY, Ontario
K9V 3A2



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United Church Women hold Ingoldsby rally

A very successful Rally of Region 6, Lindsay Presbyterial U.C.W. was held in Ingoldsby United Church on Wed. Oct. 18, at 10 a.m.

Mrs. Bert Carpenter, Ingoldsby, organist for the day, played quiet music while we were registering.

The Chairman of the Region, Mrs. Robert Brohm, Haliburton, opened the Rally with a reading, "The Thoughtful are Thankful", followed by Prayer.

We sang in unison, "Let there be peace on earth, and let it begin with me", followed by Prayer offered by Mrs. Leonard Thorne of Gooderham.

Rev. Don Nicholson, Minister of Haliburton Pastoral Charge, welcomed the ladies and gave a brief but meaningful meditation on the Purpose of the United Church Women, closing with Prayer.

Mrs. Harold Ralph, Carnarvon, led in morning devotions, assisted by Mrs. N. Brown, Carnarvon reading the Prayer of Assesses on 'Peace' and the scripture was read by Mrs. Norman Wallace.

The Offering was received and dedicated by Tory Hill U.C.W.

The minutes of the 1974 Rally held at Haliburton were read by Mrs. Ray Archer, Secretary of Haliburton.

The Roll Call was read and representatives from Carnarvon, Haliburton, Maple Lake, Tory Hill, and Wilberforce U.C.W.'s answered. Each U.C.W. presented very interesting reports of their year's work, showing dedication and hard work. The total attendance at the Rally

was 79.

Mrs. Everett Burk, Ingoldsby, graciously introduced the Guest Speaker, in the person of Mrs. Joseph Hopkins of R.R. Peterborough, who has served on the Executive of Peterborough Presbyterial U.C.W. and also on the Bay of Quinte Conference U.C.W.

Mrs. Hopkins spoke eloquently on the topic: Let there be peace on Earth and let it begin with Us".

She said "In these disturbing times we long for peace, but peace doesn't come by wishing, but by working and fighting for it". In her meditation Mrs. Hopkins portrayed that "P" is for patience for all kinds and conditions of men.

"E" is for Education. Our Church does a tremendous job in sending money to our Missions and Service Fund, which in turn enables dedicated Agriculturalists, Engineers, Scientists, to help people in other lands to help themselves to a better way of living. And to teach them the Love of God.

"A" is for Assistance in sending clothing, blankets, bandages in time of need and disaster.

"C" is for Christ, the centre and the beginning of peace. We are God's instruments of Peace. Mrs. Hopkins closed with Prayer.

Miss Mignon Mayneord, of Peterborough, a concert whistler, thrilled the ladies with her beautiful rendition of "It is well with my soul".

Mrs. Ray Stinson of Haliburton thanked Mrs. Hopkins for her splendid address.

Hymn, Dear Lord and

Father of Mankind was sung.

Mrs. Gordon Gibson, Little Britain, R.R. Lindsay Presbyterial Literature Secretary, presented the Study Pack and invited all to visit her Literature table during the noon hour.

A very delicious luncheon was served by the Ingoldsby ladies.

The afternoon session was opened by a fine Hymn Sing led by Mrs. Lorne Coburn of Minden.

Mrs. Clarence Horsely, Maple Lake, led us to the throne of Grace in Prayer.

Greetings were extended from the Presbyterial Officers present.

Mrs. Gordon Gibson, 1st Vice President, spoke briefly and Mrs. Wm. English, Cannington 3rd Vice President spoke of the need of younger women in our U.C.W. and gave some suggestions in this regard. Mrs. George Earle, Tory Hill, Programme Secretary, mentioned the Mandate as good material. Mrs. Chas. Hadden Sunderland, Press and Publicity, urged the ladies to publicize their meetings and activities in the Press.

Mrs. Burton Upton, Woodville R.R., Nominations, reported 3 vacancies on the 1976 Presbyterial Executive.

Mrs. Lorne Coburn, Minden, accompanied on the organ by Mrs. A. Barron, Minden, sang a beautiful solo, "Acquaint now Thyself with Him and be at Peace".

Mrs. Celia Brown, Lochlin, led us in an impressive Memorial Service.

The closing Prayer was expressed by Mrs. Earl

South of Wilberforce.

The Courtesy Report was read in Unison and Mrs. Brohm closed the Rally with Prayer and the Benediction.

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165 ft. of shoreline, excellent sand beach, winter access. Two cottages. Larger cottage has 5 bedrooms, kitchen, dining room, living room, double fireplace, sunporch, bathroom and an open deck over carport. Partial basement. Could easily be made into a permanent home. Small cottage has two bedrooms, living room, kitchen, bath and is completely winterized. Listing price for the two cottages is \$70,000.00. They can be purchased separately. For further information please call DOREEN JAMES at 286-2381 or 286-1248 (res).

GULL RIVER

Nicely treed level lot with sandy shoreline. Septic approval. Offered at \$8,500.00.

HALL'S LAKE AREA

128 ft. frontage on KENNISIS River. Level point lot. Year round access. Septic approved. Offered at \$12,500.00.

SCOTCH LINE ROAD

300 ft. x 300 ft. lot, lovely sight, excellent for permanent home. Asking \$10,900.00. For further information on the above, please call AL & IRENE HODGINS at 286-2381 or 286-1575 (res).

GULL LAKE

160 ft. of sand beach on 4.14 well treed acres with year round access, containing 2 cottages. Main cottage is insulated. 3 bedrooms, kitchen, living and dining area combined, 3 pc. colored bath plus sun deck. Smaller cottage has 1 bedroom, kitchen-eating area and living room combined, plus screen porch, 3 pc. bath. Both fully furnished. Priced at \$42,500.00 with terms (M.L.S.). For further information please call MARJ YOUNG at 286-2381 or 286-1584 (res).

WOLF LAKE

Neat and tidy cottage contains three bedrooms, living room and kitchen combined, sunroom across front overlooking the lake. Boat house, garage, two overhead doors, 100 ft. shallow sand beach, dock and floating dock. Nicely treed. Price reduced to \$23,900.00. For further information please call AL HODGINS at 286-2381 or 286-1575 (res).

BUTTERMILK FALLS

Log and stone home, 2 large bedrooms, family size kitchen, living room and dining room with pine floors and beamed ceilings. Stone fireplace. Den, guest cottage and garage. 2 acre lot. Offered at \$49,500.00. For further information please call IRENE HODGINS at 286-2381 or 286-1575 (res).

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Turkey

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BRING DAD...

SATURDAY, NOV. 1st

Competitions for

...12, 16, 20 and .410 gauge shotguns

...Small bore rifles

(See next week's Progress for time and location)

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SPORTS



by cliff burke

Cox, Johnson win 1000 lakes shirts

This past Sunday in Bancroft, at Stan Bonford's Bancroft Lanes, the 1000 Lakes Bowlers Association held their first inter-house bowling tournament of the new bowling season.

Each of the three houses, Bancroft, Carnarvon and Fenelon Falls entered sixteen players, two teams and four players. The extra bowlers were placed on two mixed teams of two bowlers from each house. Bancroft #1 easily defeated the field of eight teams with a fine 3798. Bancroft #2 finished second with a total pinfall of 3488 and Carnarvon took third with 3446 pins.

The top prizes in this tournament were two 1000 bowling shirts. These went to the top man and woman in the tournament. Fred Cox of Carnarvon possibly the most improved bowler at Medley's Bowl this year, captured the top award for the men with a 770 triple that featured a final game of 320. Mrs. Vi Johnston of Bancroft came from behind to edge teammate Gloria Searle by four pins to capture the top prize for the women.

This is the last time these shirts will be put up as prizes at the inter-house tournaments. The only way a bowler may obtain a 1000 Lakes bowling shirt, is to be one of the top ten men or nine women on the Carling O'Keefe Open team.

By the way, Tournament Chairman, Ron Robinson still has Carling O'Keefe entry forms available to anyone interested. The entry fee is \$20.00 plus lineage for thirty games, ten games each Sunday, Nov. 30th, Dec. 7th and Dec. 14th. All those who make the Carling Team will then go to Hamilton on Feb. 13, 14 and 15. In Hamilton everything is paid for by the local association except meals and the sales tax on accommodations. Anyone is eligible for the Carling Open as long as they hold an Ontario Bowling Congress card.

The next inter-house bowling tournament will take place on Nov. 16 at 1 pm in Fenelon Falls. Any O.B.C. card holder is eligible for these tournaments. If there is a bowler at Medley's Bowl wishing to participate in this next tournament, please contact tournament director Ron Robinson at 286-1074. There are only 16 spots open on these tournaments and they are filled quickly. This coming Sunday, Oct. 26 in Fenelon Falls is 'BOWL FOR THE ASSOCIATION DAY'. All monies raised on this day between 9 am and 5 pm from games bowled will go towards bowler benefits in the 1000 Lakes Bowlers Assoc.

All the crests and glasses the Association is giving out are not free, we have to pay for these awards and it runs into hundreds of dollars each year. So, if you have some free time this Sunday, drop around to Fenelon Lanes in Fenelon Falls, have a coffee with owner-operator Cy Barton and then bowl a few games for a very worthy cause.

Women's hockey

Mrs. June Beeney has asked the writer to relay this short message to any women wishing to don the skates this winter to play hockey.

There will be registration for women at the Municipal Building in Minden at 8 pm on Wednesday, October 29th.

Broomball meeting

For anyone interested in playing. Monday, Oct. 27 at 7.00 pm - Municipal Building, Minden.

Y.B.C. commences at Medley's

The Youth Bowling Council commenced this past Saturday at Medley's Bowl in Carnarvon. Program Director Cliff Burke and Head Instructor Ron Robinson would like to see more youngsters between the ages of nine and seventeen, out this Saturday at 1 pm for instruction and league play. To date we have fifteen boys and girls registered with another ten expected on Saturday. We would

like to start this season with a full league of 36 bowlers if possible.

There are three divisions in the YBC: Bantams under eleven, Juniors under thirteen and Seniors under seventeen.

If there are any boys and girls who live in the Minden area and require a ride to the bowling centre please contact Cliff Burke at 286-1318.

Bowling

TUESDAY COMBINES

Bruce Medcalf - 23
Jack Yateman - 23
Jim Foster - 17
Bill Cowan - 16
Jack Henderson - 16
Don Boland - 10

WEDNESDAY COMMERCIAL LADIES

Blasters - 31
Rovers - 21
Hot Tomatoes - 16
Streakers - 15
Ding-Bats - 15
Jokers - 7

MEN'S

Minden Progress - 105
Ingoldsby - 88
Modern Electric - 84
Minden Billiards - 79
Cox's Colts - 79
Rockcliffe Hotel - 58

THURSDAY LADIES

Temptations - 14
Jet-Sets - 10
Stampedeers - 3
Swingers - 0

MAPLE LAKE MIXED

Grenville Barry - 26
Ron Robinson - 24
Wes Stata - 21
Cliff Burke - 16
Doug Robinson - 14
Walt Ackerblade - 4

DORSET MIXED

Flintstones - 14
Outcasts - 10
Teachers Pets - 7
No Names - 5
Roadrunners - 4
Tin-Grins - 2

COMMERCIAL MIXED NO. 1

Dominion Hotel - 24
Highland TV - 14
Boyes Construction - 13
Thompson Lumber - 12
E. Terry Builders - 11
Lil Chick Inn - 10

BANCROFT TOURNAMENT RESULTS

1. Bancroft #1 - 3798
2. Bancroft #2 - 3488
3. Carnarvon #1 - 3446
4. Fenelon #1 - 3442
5. Mixed #2 - 3301
6. Mixed #1 - 3267
7. Carnarvon #2 - 3235
8. Fenelon #2 - 3147

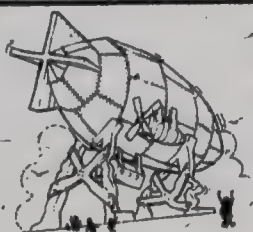
High Single Flat -
-Bert Beard - FF 301
-Gloria Searle - B 270
High Triple Flat
-Fred Cox - C 770
-Vi Johnston - B 665
Runner-up Triple
-Willard Goodman - B 732
-Joan Deyell - FF 607

High Triple Handicap
-Tony Triumbari - B 755
-Eileen Terrell - B 714

High Single Handicap
-Don Mackie - FF 293
-Dorothy Robinson - C 261

Monarch's first game

The Monarch's first game of the season is this Friday night - October 24 - at 8.30 pm at the Minden Arena against Elmvale. Be sure to come, cheer them on and see all the new players.



THE INVENTORS

One interesting patent is for a cast iron dirigible, which was supposed to float in air by reason of exhaustion of all the air

inside it. Unfortunately in order to make it strong enough to stand the resultant external air pressure, it became too heavy to rise from the ground. However we should not laugh at such inventions because people are prone to ignore important ideas. The early idea of steel ships was ridiculed as impractical, though of course today practically all ships are made of steel (or even more interestingly now, of concrete.)

HOMEOWNERS

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County News

FROM THE HALIBURTON HIGHLANDS CHAMBER OF COMMERCE

Bob Stinson,
Secretary-Manager.

In response to last week's unfair and unjust editorial in the Haliburton Echo, the Chamber of Commerce wishes to present a few facts to the public in case anyone is uninformed enough to take this editorial seriously.

In the past few months the Chamber has been moving ahead very successfully. The membership at this point has increased by 25 per cent, and a number of new enthusiastic people have stepped forward to serve on the new board of Directors. Eight out of the twelve elected Directors are new to the board, and the Secretary-Manager has been on the job only six weeks, and yet the editor of the Echo has seen fit to criticize these people when they have hardly had a chance to get started. Now Consider These Facts:

(1) The Echo editorial states that the 'Chamber of Commerce is nothing more than a Tourist bureau'. The fact is that only four of the twelve elected Directors are in the Tourist business, with the balance ranging from store operators to real estate salesmen. Among the committees on the board of Directors there is an Industry committee, a Public Affairs committee - charged with watching, reporting on, and acting on any form of government affairs that will affect the business community, and a Special Projects committee who among other things will run seminars of interest to various business groups. Does this sound like a Tourist Bureau?

(2) The editorial then seems to suggest the Haliburton Economic Development Commission is doing a more effective job for the community. The Chamber has no argument with the importance of the work to be done by this commission, after all it was formed by the Chamber. It is however a little premature to talk of how well they are doing when we have yet to see any results. We sincerely hope there are some. Approximately \$4,500.00 of the current year's budget has been directed toward the work of this commission. In spite of a strong protest by the Chamber of Commerce, County Council has now seen fit to separate this commission from the Chamber and has refused to appoint the new Secretary-Manager to the commission. The Chamber has indicated they will co-operate with the Economic Development Commission in any way we can. The Chamber is certainly somewhat limited in the active part it can now take in promoting industry in the county, but this decision was by no means ours.

(3) As to the group of Haliburton businessmen who intend to form their own association---Let Them! Not as an alternative to the Chamber of Commerce but in addition to it. A very successful association in this county is The Lake Kawagawigamog Tourist Association. That organization belongs to the Chamber, and so do most of its members. They do not contradict each other, they compliment each other. Personal calls have been made on almost all of the business operations in Haliburton Village during the past six weeks. None of the people that we talked to made any comments even closely resembling those of the editor. When asked for the names of these businessmen the Echo was not able to give us any. We suggest to the editor that he get out of his office and talk to the people, instead of being misled in this way by one or two negative thinkers that may drop into his office to tell their tales of gloom.

The Secretary-Manager has now called on about 150 business people in this County. These people do not hesitate to tell us what they think of the Chamber, whether it be good or bad. If Mr. Feir wants to know what the people are really saying about the Chamber all he need do is ask us.

The Secretary-Manager, and the Directors of the Chamber of Commerce are always open for constructive criticism, but we have no time to battle with the negative thinking that apparently prompted this editorial. Now let's get on with the job.

Stanhope Council meets

Township of Stanhope, Council Meeting held October 1, 1975. Members present included Reeve Nesbitt, Deputy-Reeve James Harrison, and Councillors Harry Davis, John Tomlinson and B. Napier Simpson. Also, in attendance were Mrs. Louise Watson, Sec-Treas. Airport Committee; Mr. and Mrs. Henry Gibson, re-building on Part Lot 17, Con. 10, and also Big Hawk Lake Road at this location; James Moore, By-Law Enforcement Officer; Richard Kinsman, Fire Chief; Mr. Cecil Irwin and Mr. Alex Stevenson.

Moved by Jim Harrison, Seconded by B. Napier Simpson. Be it resolved the minutes of the regular meeting held September 10, 1975 and also the minutes of the special meeting held September 24, 1975, be adopted as circulated. Carried.

Moved by Harry Davis, Seconded by John Tomlinson. Be it resolved that the Council of the Township of Stanhope has received and acknowledged a comprehensive monthly report of our Airport activities as presented by the Secretary of the Airport Committee Mrs. Louise Watson. Carried.

Moved by B. Napier Simpson, Seconded by Harry Davis. Be it resolved that council approve the advertising of Stanhope Township in the Haliburton Highland Chamber of Commerce 1976 "Lure" Book, and the Clerk is authorized to forward the required fee for this advertisement. Carried.

Moved by John Tomlinson, Seconded by Jim Harrison. Be it resolved that the Clerk of the Township and the Fire Chief take any and all necessary action regarding future Fire Prevention Weeks. Carried.

Moved by B. Napier Simpson, Seconded by John Tomlinson. Be it resolved the Clerk be directed to review the Ontario Municipal Employees Retirement System program and if necessary to invite a representative from OMERS to further discuss this matter. Carried.

Moved by Harry Davis, Seconded by John Tomlinson. Be it resolved the Council of the Township of Stanhope authorize and direct the Clerk to issue Welfare Vouchers in lieu of cheques. Carried.

Council adjourned at 12 o'clock for lunch and an on-site inspection of Part Lot 17, Con. 10 Township of Stanhope. Council re-convened at 2 o'clock p.m.

Moved by Jim Harrison, Seconded by B. Napier Simpson. Be it resolved that no further construction on the building located on Lot 17, Con. 10 be permitted except the tacking of wall-board to a maximum height of four feet around the outside perimeter of the existing structure to keep out predators. Carried.

Moved by Jim Harrison, Seconded by John Tomlinson. Be it resolved that Council request approval of the Ministry of Transportation and Communications for the 1975 purchase of non-asphaltic oil; 1975 supply and purchase of winter road salt and also the approval of the tender of Doughty Aggregates for the winter sand screening. Carried.

Moved by John Tomlinson, Seconded by B. Napier Simpson. Be it resolved that council authorize partial payment (\$2,000.) for the 10 ton tag-a-long trailer to Newell Welding, Minden, Ontario. Carried.

Moved by Jim Harrison, Seconded by B. Napier

Simpson. Be it resolved the Council of the Township of Stanhope petition the Ministry of Transportation and Communications for subsidy monies on expenditures made in the 1975 road program under the Public Transportation and Highway Improvement Act. Carried.

Moved by Harry Davis, Seconded by Jim Harrison. Be it resolved that council invite the District Municipal Engineer for the Ministry of Transportation and Communications to the next regular Council Meeting to be held November 12, 1975. Carried.

Moved by Harry Davis, Seconded by John Tomlinson. Be it resolved that council approve of the

cancellation or refund of 1975 taxes totalling \$379.69 as described in file numbers 75-4 to 75-13 inclusive and authorized in accordance with Section 636 (a) of the Municipal Act. Carried.

Moved by John Tomlinson, Seconded by B. Napier Simpson. Be it resolved that general accounts totalling \$2,479.06; September Welfare totalling \$636.00 and Road Voucher #9 be allowed for payment. Carried.

Moved by John Tomlinson, Seconded by Harry Davis. Be it resolved this meeting do now adjourn at 6:00 p.m. until November 12, 1975 at 9:30 a.m., unless called sooner by the Reeve. Carried.

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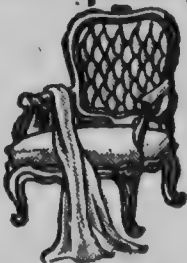
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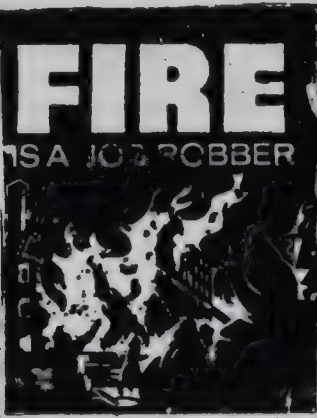


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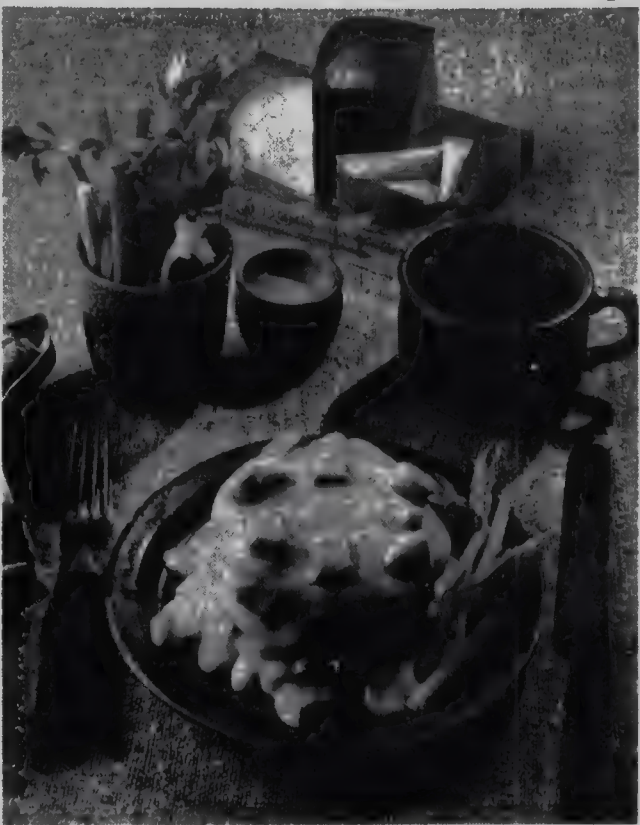
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157-1704



Some scholars say that Shakespeare was the first to use the word "hurry."



A quarter-cup of leftover ham and a rich creamy cheese sauce made with imported Holland Cheese, you can build this pancake tower to suit any appetite.

Holland cheese pancake tower

A great way to stretch a little leftover cooked ham into a whole meal, this recipe is so good you may want to buy the ham anyway, just to try it out. Delicate pancakes are lightly flavored with imported Holland cheese, layered and enrobed in a rich cheese sauce chunky with ham. Add a few crisp carrot and celery sticks on the side and you'll have another family favourite to add to your menus.

Pancakes:

- 1 1/2 cups all-purpose flour
- 1 teaspoon salt
- 1 teaspoon baking powder
- 1/2 cup (2-ounces) shredded imported Holland Edam or Gouda
- 3 eggs, lightly beaten
- 1 1/2 cups apple juice or milk
- Butter for frying

Cheese Sauce:

- 2 tablespoons butter
- 1 tablespoon flour
- 1 cup apple juice or milk
- 1 1/2 teaspoons prepared mustard
- 1 cup (4-ounces) shredded imported Holland Edam or Gouda
- 2 apples, peeled and chopped
- 1/4 cup chopped cooked ham

To make the pancakes: Spoon flour, salt, baking powder and shredded imported Holland Edam or Gouda into a bowl. Mix well. Beat the eggs, milk and melted butter together. Pour into dry ingredients. Stir until just mixed. For best pancakes allow to stand 1-2 hours. If batter is

too thick add a little more liquid. Melt a little butter in a frypan or on a hot griddle. Pour batter in the frypan or on the griddle to make pancakes (4 to 5 inches diameter). Cook over medium heat until bubbles rise to the surface of pancakes and the underside is browned. Turn and brown the other side. Turn out onto a plate; stack one on top of the other to keep warm.

To make the cheese sauce: Melt the butter in a heavy bottomed saucepan. Stir in the flour until thoroughly blended. Add the apple juice slowly; stir constantly as mixture thickens into a smooth sauce. Blend in prepared mustard and grated imported Holland Edam or Gouda. Fold in chopped apple and ham. Cook over low heat for 2 minutes. (Sauce must not boil.)

Allow 3-4 pancakes per serving. Stack with a spoonful of sauce between pancakes and spoon additional sauce over stack of pancakes. Makes 4 servings.

Freeze pumpkin

Most winter squash, including pumpkin, keep well if stored in a cool, dry, dark spot. But squash can be frozen with little effort for use in late winter, according to food specialists at the Ontario Food Council, Ministry of Agriculture and Food. However, they recommend baking, boiling or steaming beforehand.

Select well-matured squash. Wash, cut in half and remove seeds and connective tissue. Then EITHER bake halves at 350 degrees F for 40 to 60 minutes, and remove flesh or peel; OR peel, dice and boil for 15 to 20 minutes or steam for 30 to 60 minutes. Cool in refrigerator before packaging in freezer containers. Allow 1/2 inch headspace for expansion in the container during freezing.

Pumpkin pie filling without eggs may be prepared and frozen. Add extra spice, as strength is lost during storage.

To use frozen winter squash, thaw completely in the unopened package in the refrigerator. Use immediately for pies or as a vegetable.



Three year old home \$42,500 asking, six room house on twp. road, just off hwy 503, full basement large kitchen.

Haliburton Highlands \$18,000 takes 200 acres surrounded by crown land 3 miles to village, bush, hill and beaver ponds.

Peter Pearson
705-488-2458 or
Toronto 361-1508
H. Keith Ltd., Realtor,
158 Lindsay St. S.
Lindsay - 324-9444.



286-1302

Harry Hodgson 754-2010
Eddie Pergolas 286-1961

Home & Business Opportunities

South Kashagawigamog Drive - 3 bedroom home 3 yrs. old, full basement, 4 pc. bath, broadloomed and cushion floor. COMMERCIAL BUILDING - 1050 sq. ft. c/w some snack-bar equipment. COMMERCIAL LOT - 200 ft. x 300 ft. LIST PRICE \$52,000.00.

Highway #35 - Beautiful new 7 room home. Attached double garage, 300 ft. fwy. frontage, zoned commercial. 30 ft. x 50 ft. workshop, 30 ft. x 30 ft. storage shed. Also older 2 bedroom home and storage shed. The new home is now being completed and all is offered with only \$20,000.00 down payment.

Lodge and Cottage Resort
Excellent location, very picturesque. Room for expansion. Business could easily be increased. Owner has other interests. Priced at only \$89,500.00 with excellent terms.

Cottages

North of Norland on Gull River, entrance to Moores Lake, beautiful large lot, asking \$19,500.00.

Canning Lake
3 bedroom, stone fireplace, electric heat, 4 pc. bath, 400 ft. of lake front with western exposure. Lots of privacy on year round road. Asking \$59,000.00 with good terms.

Lake Front Lots

Canning Lake
Extra wide and deep lots with western exposure. Year round road, \$100 per ft. and up.

Cranberry Lake
150 ft. and up, southern exposure. \$80/ft.

Building Lots

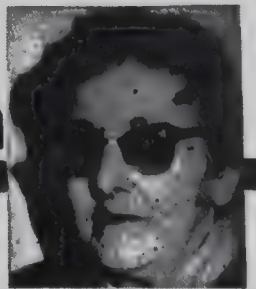
Close to Minden on main road, 1.3 acres - \$6500 with 10% down.

Highway 530
200 ft. x 300 ft., close to Maple and Beech Lakes. \$4500.00.

YOUR LOCAL REPRESENTATIVE

Canadian First MORTGAGE CORPORATION

About the Town



with Jeanné Scars

Seems at the moment as if we will have a Mail Strike again, seems too bad when in Parliament they are asking us to tighten up on economy and cut our spending. Where will it all end?

Thanksgiving visitors with the Sandy Stewarts were Mr. and Mrs. Howard Crosby of Markham, Mr. and Mrs. Hugh Law of Mississauga, Mr. and Mrs. Walter Hamilton and Mr. and Mrs. Knudsen of Toronto and Mr. and Mrs. B. Flaherty of Sudbury, and Mr. and Mrs. A. Mitchell of Willowdale. Do you think this quotation is true 'I don't want my kids to have it as tough as I did'. Well, that's one way to destroy them --- and for them in turn to destroy you.

Anon.

Mr. and Mrs. Pat Clarke are home again after a happy holiday in the British Isles.

The A.C.W. of St. Paul's Church met on the 14th at the home of Rose Waters with a successful meeting as much was accomplished including finishing touches to plans for a Turkey Dinner on Nov. 5 from five to seven and a Travelogue with slides on Nov. 12 at eight o'clock. Proceeds from both these evenings will go to the Church.

The Girls Hockey Team is having a meeting at the Municipal Office Oct. 29 at 8 pm, all interested girls are welcome to come out so we have a good team for the season.

Sincere sympathy to the families and friends of the late Archie Trumbull, Norman Gilles and Cheryl Hogg whose funerals were last week.

Holiday guest with Mr. and Mrs. Phil Robinson was their son Bradley from London, Ontario.

Mr. and Mrs. Dale Coulter and family of Gravenhurst, Mr. and Mrs. George Johnson and baby of Whitney and Mr. and Mrs. Bill Callow and family of Huntsville spent Thanksgiving with the Harold Coulters.

Lil Martin was lucky winner of the Jackpot of \$250 at Rotary Bingo on Oct. 9. Congratulations to her. Mr. and Mrs. Paul Cockburn of Woodville, and Mrs. Ern Voycey of Gamebridge and Mr. and Mrs. John Gibson of Cannington visited recently with the Phil Robinsons.

Congratulations to the newlyweds, Mr. and Mrs. George Burke (nee Lynda Pitts) whose wedding was Oct. 11th.

So true! Remember that Noah didn't wait for his ship to come in --- he got busy and built one. Jules Ellinger.

Rummage Sales are coming up - at the United Church Hall, Oct. 24 from 10.30 in the morning and Saturday, Oct. 25 in the afternoon at St. Paul's Parish Hall.

Mr. and Mrs. Lyman Cox, Mrs. Annie Cox and Mrs. Vera Cowan visited with the Basil Cox's last Sunday at Bancroft.

Holiday guests with the Milton Sears included Muriel Ewing, Chris and Scott, Sandra Sears, Mr. and Mrs. Glen Sears, Bernice and Allan, all of Toronto. Gerald Coulter of Toronto was a holiday guest with his parents Mr. and Mrs. Angus Coulter.

Several Mini Card parties with winners the afternoon of Oct. 9 being for cribbage, Dora Dawson and Diane Stevens, for euchre Mrs. Lewis, Mrs. H. MacMinn, lone hands Mrs. Bailey and for bridge Marjorie Cook. On Oct. 16 winners were for cribbage Fred Wright and Doris Craig, for euchre Lydia Coulter, Della Griffin, lone hands May Wright and bridge Walter Noice. These card parties are open to everyone and start at 1.30 so we can be done in good time.

Mr. and Mrs. Phil Robinson and Mrs. Bill King visited with Mrs. Andy England and family at Barrie several days last week.

Weekend guests with the Milton Sears were Mr. and Mrs. Reg Leaman, Jr. and family of River Drive Park.

Too often we expect others
To cater to our whims.
When they don't live up to our expectations,
We have no use for her or him.
So often we react with irritation
When others try their best,
Instead of displaying tolerance and a little kindness
Often we're disturbed and dismayed,
By what others say and do,
And turn away in disapproval when a little sympathy would help them thru'.
So instead of unforgiveness and resentment,
Happiness pursue, give concern and understanding
And it will be returned to you.

Dolly, South Alberta.

Really dreary weather the last while, wonder when we will get some sunshine - one good thing - it isn't snow. Drive carefully.
Cheerio until next time.

Minden Curling Club OPEN HOUSE

Saturday, November 1 8:30 p.m.
at the Clubhouse

All members and prospective members welcome

ICE WILL BE OPEN SO WEAR YOUR CURLING OUTFITS

FOOD AND REFRESHMENTS

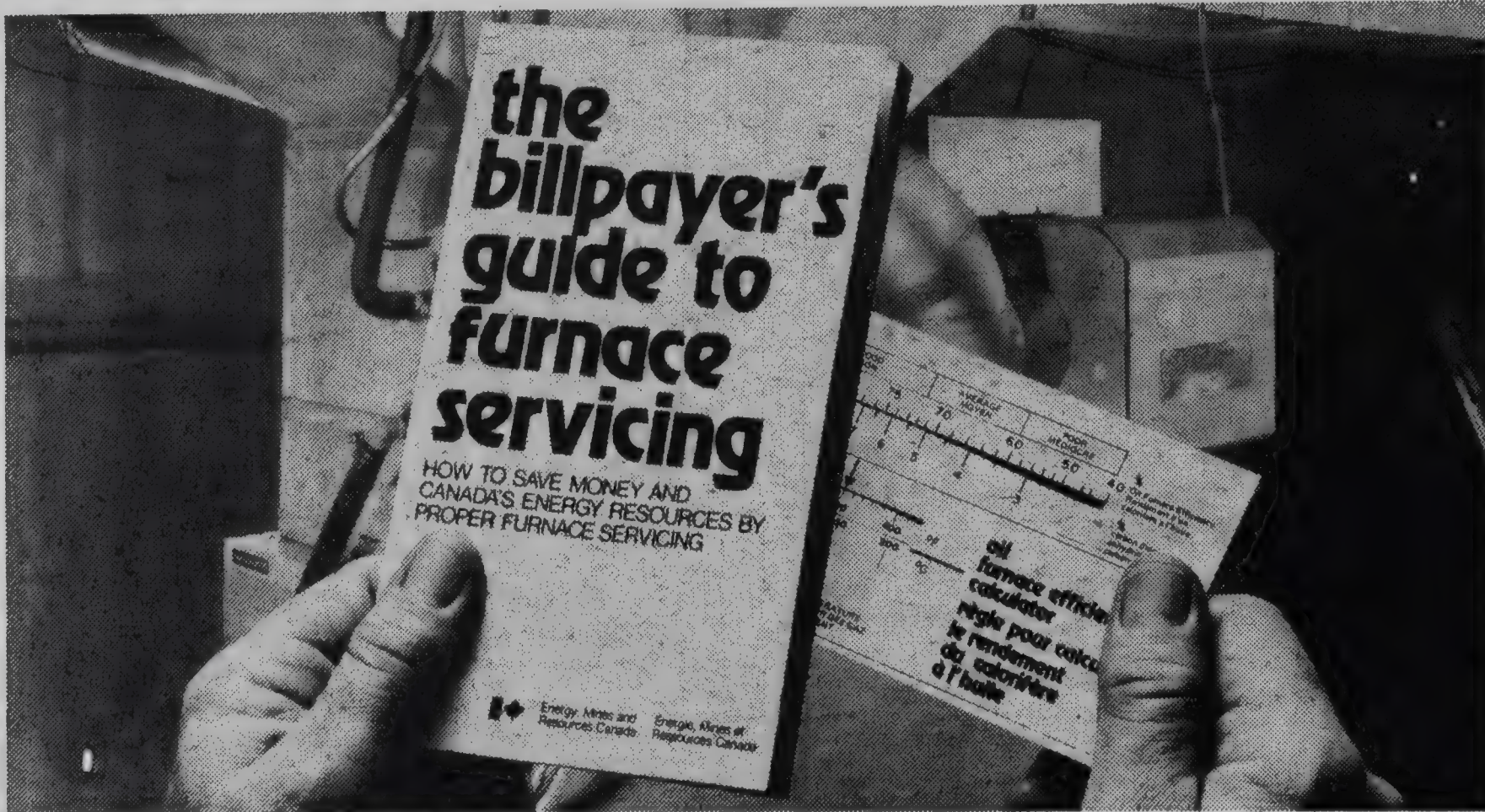
BAR FACILITIES

Note

Blackboard Instruction Oct. 28-29

Ice Instruction Oct. 30-31

New curlers contact DON HALL 286 - 1270



Use this calculator to measure the efficiency of your oil or gas furnace. The book explains everything that you and your serviceman should do to save fuel and money. Both free when you send in the coupon below.

How much of your heating dollar is going up in smoke?

Get your furnace in shape for winter—so you can be both warm and a little richer. You'll cut your fuel bill by as much as 25%, and help to conserve Canada's fast-dwindling energy reserves:

1 AS A NATION we waste more energy than some countries consume in total. We're on an energy binge that we can no longer afford. Modest cut-backs now will be easier to face than shortages and even higher prices in a few years time.

For every \$100 you spend on energy at home, more than half of it goes into heating. So your furnace is a great place to start saving.

1 Check the efficiency of your oil furnace.

Is your oil furnace working at top efficiency? Find out:

Look for a dirty flame. Lift the flap that covers the small hole on the front of your furnace. If you see black smoke coming from the tip of the burner, your burner needs adjustment. Call the serviceman.

Look for soot. Shut the furnace off and poke a flashlight inside the box. An accumulation of soot means it's time for a service call.

Check the barometric damper. This valve between the furnace and chimney bumps open and shut as the wind blows and as the furnace heats in and out. If it sticks in any position, you're losing energy.

2 Put your serviceman to work twice a year.

A thorough oil furnace check-up in summer and winter can cut as much as 25% from your bill. (If you have a gas furnace it should be checked once a year.)

Remember, it will take your serviceman about 15 minutes to do a good job on an oil furnace (a bit less on gas).

You should remove soot from the firepot, heat exchanger and pipes; check the stack temper-

ature; perhaps try an oil nozzle 10% to 20% smaller (or the lowest firing rate recommended for your furnace).

If you're paying for a complete check of the furnace and heating system, make sure you get it. Start by reading *The Billpayer's Guide to Furnace Servicing*.

This free book explains everything that you and your serviceman should do to save fuel and money. (See coupon below.) It has a complete oil and gas furnace checklist, and a calculator for determining overall furnace efficiency.

3

Lower your thermostat.

Dropping your setting from 72 to 68°F will save about 10%. If each of us saves 10%, Canada will conserve 8 million barrels of oil and 24 million cubic feet of natural gas each year.

It's time to pay the piper.

We can't live in the future as we do now. The

resources simply won't be available. Here are two facts to ponder:

• If we continue to consume at our present rate of increase, Canada will need twice as much energy in 12 years.

• The capital costs of developing new sources of energy will soar to \$110 billion over the next 10 years—an investment of about \$20,000 for each Canadian family.

It's no longer a matter of choice. We must save energy to save ourselves.

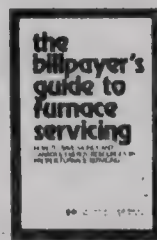
Free information to help us all.

TWO FREE BOOKS: *The Billpayer's Guide to Furnace Servicing* shows you how to save fuel by proper furnace servicing. It explains what you can do, and what your serviceman should do. Free when you send in the coupon.

100 Ways to Save Energy and Money in the Home has 160 pages—80 of them to help you get the most heating efficiency at the lowest cost.

Please send me a free copy of:

The Billpayer's Guide to Furnace Servicing

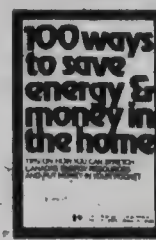


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Mail coupon to: **100 Ways, Box 3500, Station C, Ottawa, Ontario K1Y 4G1**



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Office of Energy Conservation
Hon. Alastair Gillespie
Minister

Énergie, Mines et Ressources Canada
Bureau de la conservation de l'énergie
L'Hon. Alastair Gillespie
Ministre



Along The Trails

with
**The Highland Snowmobiler
and Roy Bates**

Conferences and study sessions have continued throughout the summer between representatives of the MTC, the OSL and the OFSC to establish and implement a driver training program for unlicensed snowmobilers. We are now assured that the program is almost ready and that it should be operational by December at the latest.

The plan follows very closely the proposal made by Evan McDiarmid of the Ontario Safety League at the OFSC convention last spring. Directors of the Federation and other Federation representatives would be given an instructor-training course after which they would go into the field to select and train instructors from snowmobile clubs in each region. A battery of qualified instructors would then be authorized to conduct schools of instruction for licence applicants.

Any member of the Haliburton County Snowmobile Association or other club in the surrounding area who is completely conversant with the mechanical and safety factors of snowmobiling and the regulations pertaining thereto may apply for instructor training by submitting his or her name to me at R.R. 2, Haliburton, Ontario. Phone 457-1658.

Third Time Out

The Local Initiatives Program has done it again. Thrown out our application, that is. The review board thinks it's far more important to cut down dead elm trees to beautify roadways than it is to develop a new winter industry. Our sincere thanks to Wayne Wood and other who held out for us as long as they could.

While at Port Sydney last weekend for the two-day Directors' meeting of the OFSC my wife and I were able to take in the turkey dinner and fireworks display sponsored by the Chamber of Commerce Saturday evening. It was some show.

This community with a year round population of five to six hundred has for some twenty years put on this annual feast to coincide with Muskoka's Cavalcade of Color.

The first servings of dinner, roast turkey with all the trimmings, were dished up at 4 p.m. We were among the late arrivals, being seated around 7:15, yet were able to have second helping although the choice of pie was somewhat limited.

Struck by the number of cars in the community hall lot and parked along the roadway, between two large buses from Belleville, we made enquiries as to the number of people. The most reliable estimate was twelve to fifteen hundred. That's a lot of turkey!

Promptly at eight and right on schedule the fireworks began. A Mr. Hand who owns a fireworks factory also owns an island in Mary Lake. A veritable mountain of rock, the island juts out of the water a quarter mile off shore directly in front of the village. From a launching site high on the side of the island a steady succession of rockets of every description shot up to light the sky and the water in colors of every hue. To heighten the effect a double row of flares were burning atop the water from one side of the lake to the other.

The Port Sydney Fire Department was on deck with a fireboat circling the island and washing down the many small forest fires.

The final act was a spectacular display that they called "Niagara Fall". A row of lights appeared, very close together, forming a line of light along the top of a cliff about halfway up the mountain. Sparks began to drip down the cliff face and tumble over the rocks below all the way to the water's edge. It was so like the famous falls that the display could have had no other name!

I realize that all this has little to do with snowmobiling. But when a community goes all out in everything it does it will also support its snowmobile club. The Hill and Gully Riders of Port Sydney are envied all over the Province for their ability to maintain the best trails to be found anywhere.

.....

The annual meeting of the Haliburton County Snowmobile Association, held on Thanksgiving Weekend at the Legion in Haliburton, was one of the best attended of all meetings so far held by the club. A very good representation of cottagers, who make

up 40% of the membership, was an encouraging sign.

The various committee chairmen reported in detail on the successes and failures of the past year. Fortunately, the only failure worth noting was that many previously established trails were neglected in order that the dry trails project under government funding and control could be carried to a successful conclusion. From the facts and figures brought forth, it must be concluded that the trail-grooming effort was less than satisfactory due to the very high operation costs of the equipment and method used. Some radical changes are indicated here.

Retiring President Bob Jennings spoke very highly of all the directors and their untiring efforts throughout the year. He expressed the hope that enthusiasm would continue at a high level and that there might be more active participation from the members at large. This year greater emphasis will be placed on fun activities and the program envisaged can be truly successful only with some degree of input from the members.

This writer was given a few minutes to speak on behalf of the OFSC, its successful work in the past, its current projects, and its important place in the expanding network of North American snowmobiler organizations. The substance of my message can be summed up in a very few words, 'The sport of snowmobiling must have strong organization to survive and to progress. Your snowmobile club and the Federation are providing that organization in Ontario. Support them and enjoy happy snowmobiling for years to come'.

Dennis Casey, chairman of the meeting, announced the findings of the nominating committee by presenting twelve names including seven of the retiring directors for nomination. All were accepted and six additional nominations were recorded from the floor. Approval was requested and unanimously granted to defer the election of directors until the next directors meeting October 21st. Of the eighteen nominees, twelve will be selected to form the governing board and working executive while the remaining six will be retained as directors at large. This may seem far removed from the accepted democratic electoral system but it as-

ures that none who have indicated a willingness to help will be denied the opportunity by defeat at the polls. Names, positions, and distribution of duties will be reported here when they are properly sorted out.

The meeting ended with a lively question and answer period indicating a healthy enthusiasm for the club. Most questions were concerned with routing of trails, the reliability of our now outdated map, and the lack of adequate trail markings. These only served to strengthen the board's determination to get on with the job.

CAPSULE COMMENT

The HCSA would do well to schedule more general meetings of this type. Once is Not Enough. It became apparent to me at this meeting that many of our snowmobilers do not know where our trails are, let alone how to follow them for any great distance. Sure, we tell them in our newsletter and in this column, but it is not that easy to correlate the printed word with an unmarked track through the woods. An open forum where members problems will be openly discussed with forthright answers given will go far to increase and hold member interest and enthusiasm.

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New Canada Savings Bonds — one of the best things you can do with your money. They offer you a great combination of security, income and flexibility.

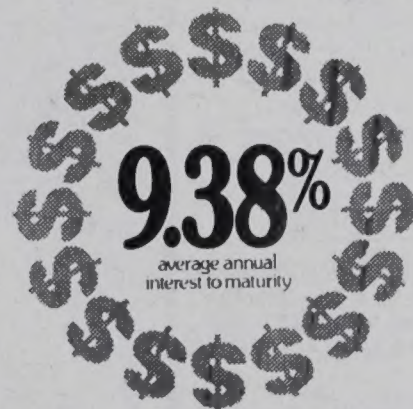
They're secure, because Canada Savings Bonds are backed by all the resources of Canada.

They pay good income, an average annual interest to maturity in 1984 of 9.38%. Each \$100 bond begins with \$8.75 interest the first year and then pays \$9.50 interest for each of the remaining 8 years.

They're flexible, because you can buy Canada Savings Bonds in amounts from \$50 to \$25,000 for cash or on instalments. And they're cashable anytime, at their full face value plus earned interest.

Join the millions of Canadians who have taken advantage of the security, income and flexibility offered by Canada Savings Bonds.

They're on sale now, wherever you bank or invest. Buy your new Canada Savings Bonds today.



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CASH REGISTERS, National, and all makes, electronic and mechanical. New, used, rentals, service. BILL HAMILTON, Big Hawk Road, Hall's Lake, RR2, Minden. Ph. 489-2825.

Quick-point sight for Sav- age rifle. Ph. 489-2316.

ATTENTION CONSTRUCTION WORKERS

We carry CSA approved footwear - 12" top-leather Insulated Boots with steel insole and toes \$31.95; Knee Rubber Boots by Miner steel insole and toe \$18.95; Kennedy Surplus and Exchange, Box 630, Haliburton, Ontario. Phone 705-457-1771.

We carry a full line of Metric Tools. Box End - Open End Sockets - Allan Wrenches. Kennedy Surplus & Exchange, Box 630, Haliburton, Ontario. Phone 705-457-1771.

Now taking orders for winter potatoes. John Mason. Ph. 286-1945.

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18 ft. fibreglas boat with 120 hp Volvo inboard-outboard motor. Excellent for water skiing and cruising. Ph. 457-1300.

COLEMAN PARTS & SERVICE - We carry a complete line of Coleman replacement parts and accessories. Kennedy Surplus and Exchange, Maple Street, Haliburton.

Quality C.M.H.C. and C.S.A. approved homes. Complete with plumbing heating, wiring, broadloom. Erected on your foundation anywhere in Ontario. Send \$1.00 for catalogue. Canadiana Modular Homes Ltd., Box 650, Waterdown, Ont.

Skidoo trailer, new extra wheel and tire. Excellent condition. Also snow suit, helmet, boots, gloves, etc. Ph. 286-2494.

1975 Skidoo SS Elan 300 cc. Low mileage. A-1 condition. Call 286-1964 after 5 pm and ask for Mike.

SEWING MACHINE SALE New Whitey, Elna, Bernina. SAVINGS from 20 to 30%. Repairs to ALL makes. See Peter Shannon, MIDTOWN FURNITURE, 30 William St. S. Lindsay. Ph. 324-2791.

FOR SALE

ARROW TV AND COMMUNICATIONS Haliburton - 457-1091 The new Panasonic Microwave oven now available at ARROW TV. Free demonstrations gladly given. No obligation. Coming soon - a public demonstration for all those interested. Watch this paper for special announcement. We carry a full line of Panasonic TVs, stereos, etc. Sales and service available. Repairs to C.B. radios and installations.

BIG SKATE SALE CCM, Bauer and Lange. All goal and hockey equipment. Absolutely largest selection of sticks at lowest prices. Trophies, jackets. Special deals for teams. Arena supplies. MURRAY WRIGHTMAN or ORVAL McLEAN, MIDTOWN SPORTS, 30 William St. S., Lindsay.

1968 Polaris Mustang 18 h.p. Sachs. 1968 Polaris Colt 15 h.p. Hirth. 1970 Arlberg 15 h.p. Sachs. 1966 Skidoo 10 h.p. \$125 each. Phone 286-2245 - weekends.

Perma Fab Builders Ltd. featuring MANCO HOMES built in Picton. Display model at rear of Bancroft Legion. 3 bedrooms living and dining rooms, 2 bathrooms, stove, frig, rug. CMHC and CSA approved. LOW DOWN PAYMENT. Full government grant. Long or short term mortgage. Several floor plans and styles available. Electric forced air furnace. 200 amp service. Full price - \$21,700. Ph. Jack Dennis 613-339-2128.

Truck camper, sleeps 4. Only 2 yrs. old. Includes frig, stove, fan, toilet, furnace. Ph. 488-2819 after 7.30 pm. Asking only \$1500.00.

BATAVAS MOPED, all models in stock. Scheffee's Snowmobiles. 457-1874. Haliburton.

BUSINESS PERSONALS

Vitamin and Food Supplements at discount prices. For free price list write Beneficial Nutrient Co., Box 912, Station K, Toronto, Ont. M4P 2H2.

REAL ESTATE

PROPERTY FOR SALE

200 acres, with bush and stream. \$30,000.00. Will mortgage at 9-3/4%. Ph. 457-1402 or 457-2434.

WANTED TO RENT

Local carpenter needs a farmhouse in Minden area to rent for winter months. Inside conveniences and hydro necessary. Write K. Beck, RR 1, Minden, Ont.

A fast cash deal for cut-over land, scrub bush surface rights, abandoned farms and inaccessible waterfront. Send location, price to Orville Morley, Norval, Ont.

ACREAGES WANTED for hunting, fishing and recreation. Rural and remote properties purchased, with or without water frontage. Send exact location and price to Dignam, Box 156, Station F, Toronto, M4Y2L5

HALIBURTON - Large wooded lots on Little Boshkung Lake, opens into Twelve Mile and Big Boshkung two miles from Carnarvon via Hwy #35 off Haliburton #1. 33 mi. from Bracebridge via Hwy. #11. Hydro excellent, County maintained dead end cottage road. Ph. (416) 277-8086, week days.

FOR RENT

Responsible adults to rent home during winter. Nov. 15 to April 1. Ph. 489-2008.

Furnished winterized home. 2 or 3 bedrooms. Middle of October to middle of May. Adults. Ph. 489-2307.

WANTED TO BUY

Waterfront lot, treed on a good lake in Haliburton area. No agents. Good terms. Write Box 73, Station 'Z' Toronto.

Lake front lot suitable for cottage construction. Must be accessible by road year round. Principals only. Call D. Coulter 416-690-3271 evenings.

Used, paper back, non-fiction books. Write, P.O. Box 364, Haliburton Ontario.

Small logs (bolts) hardwood 7 ft. 4 in. and 8 ft. in. bought by the cord. Will take from 8 in. to 16 in. in diameter. Will pick up at bush. Highest prices paid.

BROUWER WOOD PRODUCTS KESWICK, ONT.

Ph. Days - 416-476-3422 Evenings-476-3931

Collectors Coins wanted. Small or large collections or accumulations of gold and silver coins, tokens, metals and paper money. Appropriate premiums paid. Ph. 489-2214.

Suitable 2,000 gallon steel tank for use as cottage holding tank.

Kennisis Lake. Call collect 416-294-2585 or write Mr. P. Sulman, 20 Tallman Cres., Markham, Ont.

WANTED

2 or 3 bedroom home by end of November. Minden Township ONLY. L. Bull, Ph. 286-2461.

WANTED TO BUY

Used paperbacks in good condition. Call Minden Furniture. Will pay 10¢ each, if acceptable.

Cash for your old Canadian, USA and foreign coins. Send \$2 today for our official illustrated coin catalog of what we will pay. It may reward you with thousands of dollars. Money back if not delighted. Coin Buyer, P.O. Box 1199, Station 'Q', Toronto, Ont.

HELP WANTED

Single, working professional lady, age 30 with 18 months old son wishes to contact single mother or divorcee with one preschool age child, object to offer a good home and salary in return for baby sitting and light house-keeping duties. This position might also interest single widow seeking permanent employment. Modern home in Toronto suburb. References required. All replies kept confidential. Apply Box S, c/o Minden Progress, Minden, Ontario.

Antenna installers. Must be experienced with references...Ph. 457-1091.

AVON - Sales Territory opening in Sommerville Twp. & Lutterworth Twp. Make good money on family products at new low price, popular fragrances cosmetics. Call for details: Mrs. I. Walton, Orillia, Ont. 325-8108.

Sales representative wanted for Haliburton-Ottawa Valley area. Must have own vehicle. Salary plus commission. Ph. 457-2680 or (416) 755-9536.

WORK WANTED

Carpentry, rec. rooms, kitchen cabinets and repairs. Ph. 489-2532.

Will babysit in my own home evenings and weekends. Ph. 286-2816.

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Will do babysitting in my own home. Every day except weekends. Ph. 489-2955.

AYR-VEN-TURE - a new concept in office services; bookkeeping-duplicating-direct mail and general clerical assistance. 887-3159. P.O. Box 102, Fenelon Falls, Ontario.



Elias Howe was so poor that when he was 12 his parents hired him out to a farmer in exchange for his board and clothing. Later, as an apprentice in a shop that manufactured looms, he got the idea for an invention which made him famous—the sewing machine!



An idea that scientists have been developing for 25 years is the fast breeder reactor—a nuclear reactor that creates more fuel than it consumes while it generates electricity—such as the Clinch River Breeder Reactor Plant which will be built in Tennessee. Since energy is essential for economic growth and for jobs (a one per cent increase in the use of energy results in a one per cent increase in production), this new breeder reactor can help raise our standard of living in the future!

Total acreage affected was 391,000 compared with 157,000 for August 1974, and an average of 281,000 for the month during the decade. These statistics are included in the monthly report compiled by the Forest Fire Research Institute of the Department of the Environment.

The Drug Shoppe



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286-1220

1,557
August
forest
fires

OTTAWA - The Canadian Forestry Service reports a total of 1,557 forest fires in Canada during the month of August, compared with 2,045 fires during the same period last year, and an average of 1,656 for the month during the previous decade.

CLASSIFIED

286 - 2481

Office Hours 9:00 - 5:00 Monday through Friday

WEDDING ANNOUNCEMENT

Mrs. Alexander Ednie is happy to announce the marriage of her daughter Allyson Barbara to Mr. James Gordon Cowan, son of Mr. and Mrs. Bert Cowan of West Guilford. Wedding to take place at 4.00 pm on October 25, 1975 at St. George's Anglican Church, Haliburton. Dance at the Royal Canadian Legion, Haliburton at 8.30 pm. Friends and relatives welcome.

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for so many

CARD OF THANKS

I wish to thank all my relatives and friends for phone calls, cards, candy and fruit. The doctors at Lindsay Hospital. Drs. Brady and Madill, nurses and staff at Minden Hospital. Sandy Gilbert.

We wish to thank all our friends and neighbors who were so generous in their expression of good wishes and encouragement during Herb's recovery from his operation. Herb and Irme Bock Hall's Lake.

The family of the late Art Windsor wish to express sincere thanks and appreciation to all our relatives, friends and neighbors for their kindness and thoughtfulness in the loss of a loving husband, father and grandfather. A very special thank you to Rev. J. Bushell and John Welch & Son Funeral Directors. Ruby Windsor and Family

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Food Sense in Canada - NO NONSENSE

TUCK TREAT, GOOD LUNCH PATTERN

Every day thousands of people big and small, old and young carry a little bit of home with them. Children's lunch boxes, and adults' too, are big stepping stones between breakfast and supper - between home and school or office - between good food habits and poor ones.

Lunch is a very important meal and should provide its one-third share of the day's food needs.

The Bakery Foods Foundation of Canada's nutrition consultant, Joan Fielden, says "There are four important foods to include. Milk - to drink or eat in milk soups or puddings. Meat - or fish, poultry, eggs, cheese, peanut butter. Bread and cereals - enriched white or whole wheat bread for sandwiches, whole grain muffins, or oatmeal cookies, cereals. Fruits - or vegetables, raw is best, but cooked or canned will do."

"A treat tucked away in a youngster's lunch box (a Dad or Mum's, too) adds the finishing touch to a luncheon that is both nutritious and delicious," says Joan Fielden. "Cookies, cake, doughnuts or a slice of pie for dessert will satisfy that sweet-tooth."

Lunches should be built around hearty, tasty sandwiches and variety is the key to success. There are numerous varieties of breads or rolls to choose from, ranging from the familiar enriched white to whole wheat, cracked wheat, brown, rye or raisin. More and more Canadians are turning to the whole wheat varieties.

Fill the fresh slices or rolls with a variety of sliced meats, well-seasoned fish, savoury chicken, a choice of cheese or favorite peanut butter. Tuck in crisp raw vegetables sticks or fruit in season.

"Try to fit the lunch pattern to the appetite of the 'luncher' and you'll satisfy hunger and health needs too," says Joan Fielden. "Make each and every noonday lunch a daily lift along the pathway to better health."

(One of a Series)

Carpet cleaning by steam extraction. Call BRAD SALES for free estimate. 457-2022 - Evenings.

Septic tanks cleaned out, reasonable rates. Contact Joe Rivers, 286-2057 Minden.

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Septic tanks, tile beds, wells, etc. Phone Les Alton, 286-1089, Minden.

Professional painter wishes painting to do in exchange for down payment on cottage or older home in the Minden area. Would discuss small remuneration. Call (416) 883-7884 Collect.

Masonry work, footing and block work, lots cleared. For estimate ph. 754-2733 or 754-2404.

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If the person owning the abandoned Willy's Overland Jeep, with 1968 licence no. Y1-930, serial no. 453-GB2-20918, does not remove same from property of Dave Stamp by October 25, 1975, the vehicle will be sold for storage charges. Ph. 286-1828.

There will be a meeting of the Haliburton Radio Club at the Haliburton Highlands Secondary School Oct. 29. This is a special pre-Hallowe'en meeting to arrange patrols to assist the OPP and fire departments on Hallowe'en evening. Our meetings will be held every second Wednesday evening.



THE CHINESE WERE THE FIRST PEOPLE TO SUCCESSFULLY EMPLOY ROCKETS IN BATTLE WHEN, IN 1232, DEFENDERS OF KAI-FUNG-FU FIRED ROCKET-PROPELLED ARROWS TO REPEL MONGOLS BESIEGING THE CITY!



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TODAY'S CHILD

BY HELEN ALLEN

THE TORONTO SUN SYNDICATE

Hughie is a small, blonde boy with blue eyes and fair skin - and a problem. He was born with Downs Syndrome (mongolism) which means he will be limited intellectually, though he is developing well now and is considered educable. He also has a heart defect which may require surgery later on.

Scottish in descent, Hughie is 14 months old. He gets around by rolling, which he can do rapidly in either direction. He has not attempted to crawl and his foster mother thinks he won't. She feels that any day now he'll be on his feet and walking. He chatters a lot but it takes imagination to know what he's saying. Hughie eats and sleeps well and he loves to cuddled.

He needs special parents and perhaps older brothers and sisters. The ideal family for this little fellow will appreciate his loving, cheery nature while being realistic about his limited potential and the possibility that his heart condition may affect his life expectancy.

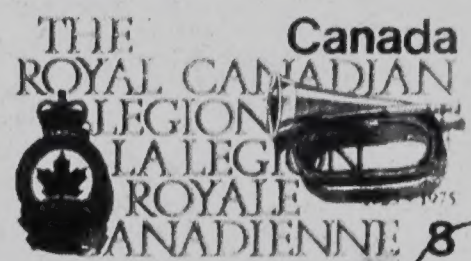
To inquire about adopting Hughie, please write to Today's Child, Ministry of Community and Social Services, Box 888, Station K, Toronto M4P 2H2. In your letter please tell something of your present family and your way of life.

For general adoption information, consult your local Children's Aid Society.



NEEDS SPECIAL PARENTS

New Stamp



The Royal Canadian Legion

OTTAWA - Postmaster General Bryce Mackasey announced the issue of an eight-cent stamp commemorating the Royal Canadian Legion.

The stamp was designed by Rudy Kovach of Vancouver, and features a light gray background resembling stone, upon which is engraved in Roman lettering, THE ROYAL CANADIAN LEGION, in both of Canada's official languages. There is a brass-coloured hagle on the right side and the Legion crest in red and gold...on the left. Across the top in black letters is the word CANADA.



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